

April 13 - 8 am

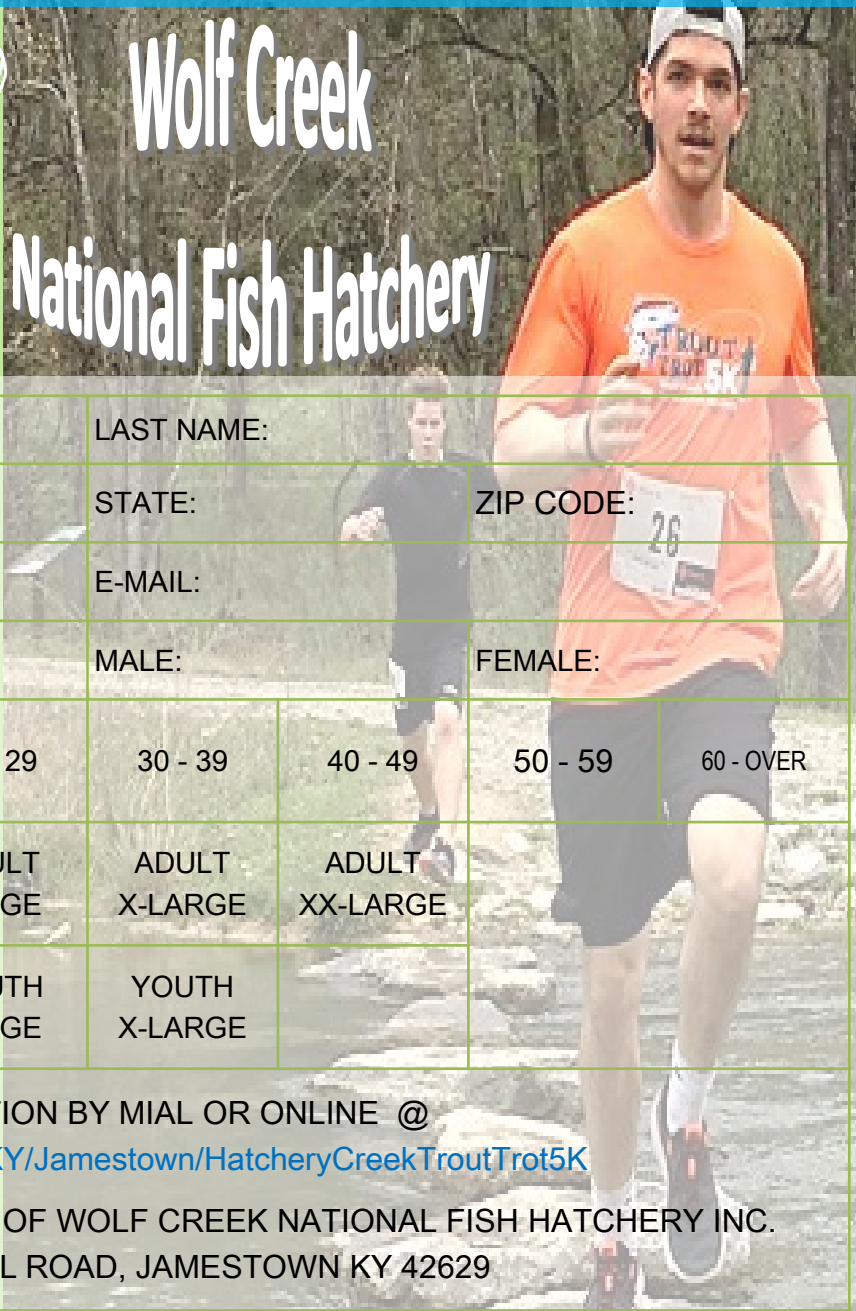
2019



Trout Trot 5K



Wolf Creek National Fish Hatchery



FIRST NAME:				LAST NAME:			
STREET ADDRESS:				STATE:		ZIP CODE:	
PHONE:				E-MAIL:			
AGE ON RACE DAY:		DATE OF BIRTH:		MALE:		FEMALE:	
AGE DIVISION:	12 - UNDER	13 - 19	20 - 29	30 - 39	40 - 49	50 - 59	60 - OVER
T-SHIRT SIZE:	ADULT SMALL	ADULT MEDIUM	ADULT LARGE	ADULT X-LARGE	ADULT XX-LARGE		
	YOUTH SMALL	YOUTH MEDIUM	YOUTH LARGE	YOUTH X-LARGE			

PRE-REGISTRATION BY MAIL OR ONLINE @

<https://runsignup.com/Race/KY/Jamestown/HatcheryCreekTroutTrot5K>

MAKE CHECKS PAYABLE TO: FRIENDS OF WOLF CREEK NATIONAL FISH HATCHERY INC.
MAIL TO: 50 KENDALL ROAD, JAMESTOWN KY 42629

Race Day Registration: 8:00 AM CDT

RACE START Time: 9:00 AM CDT

Award ceremony following race

Pre-registration: \$20 (On or before March 28, 2019) - Late registration: \$25

Pre-registered, paid participants will receive a free moisture-wicking race day t-shirt.

Ages 10 and under FREE with paid adult participant (Does not include t-shirt)

Extra shirts can be purchased in advance, \$10 for participants & \$15 for non participants.



NEW Bundle! Join the J-Town Triple Crown.
Save \$\$ and earn more prizes!

- April 13 – Trout Trot
- July 6 – Lakefest
- Dec. 7 – Reindeer Run



April 13, 2019



Race Day Details

Post Race Finish Line Awards With SPECIAL - Trout Medallion Prize Medals Being Awarded To:

1st, 2nd, And 3rd Place Male And Female Runners In Each Age Division

Participants Ages 8 And Under Must Be Accompanied By An Adult

Proceeds Go To Sponsor Friends Of Wolf Creek NFH - School Field Trip Scholarship

Water And Snacks Will Be Provided

Jogging Strollers Only

Dogs Must Be On Leash

Course Details

Off Road Gravel Trails - Minimal Pavement - Some Hills - May Cross Water

Easy To Moderate Terrain - Along Portions Of Hatchery Creek And Cumberland River

For more information contact: Moria Painter - moria_painter@fws.gov - 270.343.3797 ext. 24

Sponsors & Partners



Fold along dotted line below and return completed registration form and waiver to Moria Painter - 50 Kendall Road, Jamestown Kentucky

ENTRY & RELEASE FORM

In consideration of your accepting this entry, I, the below signed, intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release any and all rights and claims for damages I may have against the race, and sponsors and their representatives, successors and assigns for any and all injuries suffered by me in said event. I attest that I will participate in this event as a footrace, that I am physically fit and sufficiently trained for the completion of this event. Furthermore, I hereby grant full permission to use my name and likeness, as well as any photographs and any record of this event in which I may appear for any legitimate purpose, including advertising and promotion.

Signature: _____

Date: _____

Parent/Guardian, If Under 18: _____