



Trails are not groomed other than by use. Trails are available for both cross-country skiers and snowshoeing. Please be courteous and do not snow shoe over ski trails and vice versa.

Snow shoes are available at the refuge office during office hours. If you are interested in checking snow shoes out outside of office hours, call 608/539-2311, ext.6 to see if alternative arrangements can be made.

Winter Weather Safety Tips

- ❁ Refuge pools ice over in the winter. Due to numerous flowing springs, we do not recommend skiing or walking on the ice.
- ❁ To avoid hypothermia, wear loose fitting layers of clothing to stay warm.
- ❁ Know your limits. It is easy to over exert yourself when enjoying winter recreation activities. Keep plenty of liquids available. Even when it is cold, stay hydrated!
- ❁ Make sure someone knows where you will be going and what time you expect to return. Carry a first aid kit and keep an emergency kit in your vehicle. Call 911 if you have an emergency.
- ❁ Colored diamonds are trail markers, not the degree of difficulty of the trail.