

With snow covered prairies and ice capped wetlands, the winter season is here and so are great opportunities to explore the refuge. Enjoy the tranquility of the refuge and the beauty of winter wildlife by venturing out on some backcountry ski and snowshoeing trails. Trails follow wooded edges and are clearly marked on the map. Please park in parking areas near trailheads – *do not block roadways*.

Other Winter Recreation Activities

Snowshoeing, hiking, and walking are all permitted during winter months and during refuge hours, sunrise to sunset. All roads and trails can be accessed for winter use. Some trails on the refuge will be shared by skiers and hikers alike, so please be courteous and don't damage existing trails.

Take advantage of exploring the open woods and discovering wildlife tracks along the way. Try some winter photography or winter birdwatching.

Just Get Outdoors!

Skier's Code of Ethics

- ✿ I will respect all public and private property and the rights of other winter enthusiasts.
- ✿ I will respect the designated areas, trails signs and ski tracks when traveling on foot or snowshoe.
- ✿ I will not disturb wildlife.
- ✿ I will not litter.
- ✿ I will promote a friendly and positive attitude while on the trails.

Trempealeau National Wildlife Refuge
W28488 Refuge Road
Trempealeau, WI 54661
608-539-2311



Trempealeau

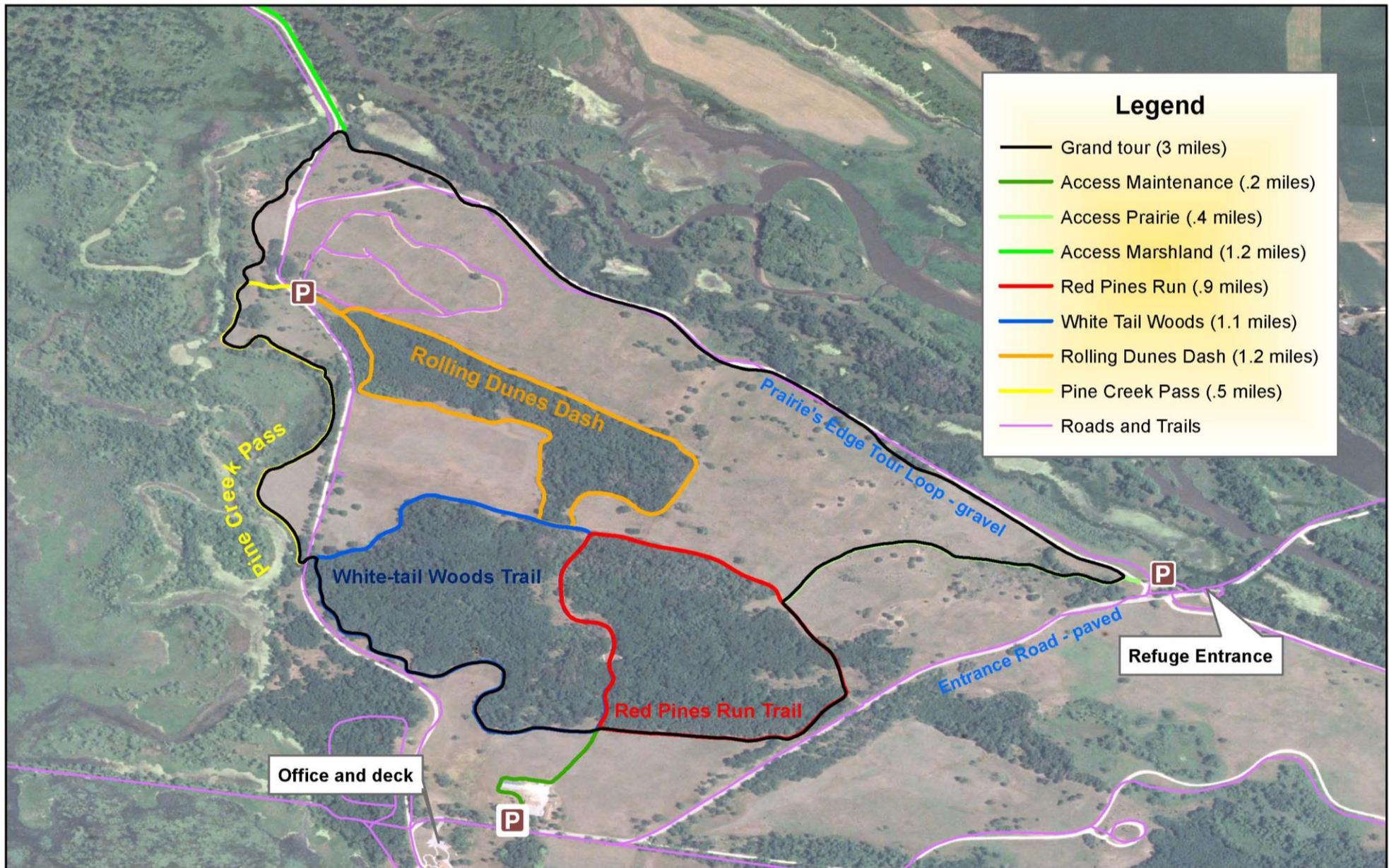
National Wildlife Refuge

Cross-country Ski & Snowshoe Trails

(ungroomed)



Web: <http://www.fws.gov/refuge/Trempealeau/>
Email: Trempealeau@fws.gov



Trails are not groomed other than by use. Trails are available for both cross-country skiers and snowshoeing. Please be courteous and do not snow shoe over ski trails and vice versa.

Snow shoes are available at the refuge office during office hours. If you are interested in checking snow shoes out outside of office hours, call 608/539-2311, ext.6 to see if alternative arrangements can be made.

Winter Weather Safety Tips

- ❁ Refuge pools ice over in the winter. Due to numerous flowing springs, we do not recommend skiing or walking on the ice.
- ❁ To avoid hypothermia, wear loose fitting layers of clothing to stay warm.
- ❁ Know your limits. It is easy to over exert yourself when enjoying winter recreation activities. Keep plenty of liquids available. Even when it is cold, stay hydrated!
- ❁ Make sure someone knows where you will be going and what time you expect to return. Carry a first aid kit and keep an emergency kit in your vehicle. Call 911 if you have an emergency.
- ❁ Colored diamonds are trail markers, not the degree of difficulty of the trail.