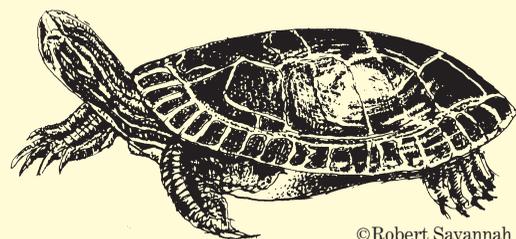


Each season, your footsteps will lead to something new...

SPRING

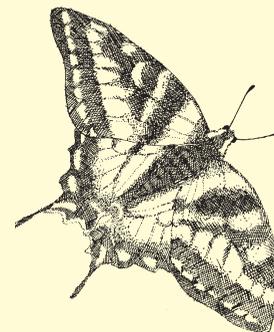
- Grassland birds like dickcissel call from the fields next to the forests
- Yellow and gray prothonotary warblers flit over Wilna Pond to feed on insects
- Osprey carry nesting materials to tall trees near ponds
- Turtles scurry between wetland areas
- Frogs like spring peepers call from the wetlands and ponds
- Children play and learn on field trips at our Wilna Lodge education center



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SUMMER

- Early morning hours filled with the songs of birds like grasshopper sparrow and indigo bunting
- Insects visit and build homes in our pollinator hotel and garden
- Flowers bloom in roadsides and fields
- Ticks wait to catch a ride
- Lily pads fill shallow ponds and wetlands



FALL

- Large undulating flocks of blackbirds fill the sky
- Trees turn gold and red with cooling temperatures
- Blooming goldenrod color fields yellow and feed fall migrant birds
- Butterflies and bees hang on late blooming flowers in our pollinator gardens
- Late night frosts curl leaf edges and warn of winter
- A kaleidoscope of Monarch butterflies catch the eye as they stop to rest on their way to Mexico



©Robert Savannah

WINTER

- Canada geese and ducks call from wetlands and creeks
- White-tailed deer flag their tails as they cross roads and fields
- Owls hoot from trees and descend to feed at dusk
- Cardinals brush snow covered fields with crimson
- Woodpeckers drum and turkeys flush overhead

FINAL STEPS

Respect Wildlife

- Observe wildlife from a distance so they are not scared or forced to flee.
- Carry binoculars or a spotting scope to view and photograph wildlife from observation areas and trails.

Be Considerate of all Visitors

- Many people come to the outdoors to listen to nature; noise takes away from everyone's experience.
- Follow refuge regulations regarding running, bicycling and motor vehicles.
- Please keep pets inside vehicles at all times.

Stay on the Trail

- Concentrating travel on trails reduces the likelihood that tracks will scar the landscape.
- Please stay on the durable trail surface.

Pack it in, Pack it out

- Carry a plastic bag with you and carry out all trash.
- Leave only footprints.

Minimize Impacts

- Every part of this Refuge provides a home for creatures great and small.
- Please preserve this habitat.

Leave What You Find

- Allow others a sense of discovery. Leave the Refuge as you found it.
- The removal of any public property including natural objects on any National Wildlife Refuge is prohibited.



A special thanks to the Rappahannock Wildlife Refuge Friends for helping maintain the many trails and visitor services facilities listed on this brochure. Visit their website, www.rwrfrinds.org.



November 2017

<http://www.fws.gov>

1 800/344 WILD

U.S. Fish & Wildlife Service

1 800/877 8339

for the deaf and hard of hearing

Federal Relay Service

www.fws.gov/refuge/rappahannock_river_valley/

804/333 3396 fax

803/333 1470

Warsaw, VA 22572

336 Wilna Road

c/o Eastern Virginia Rivers National Wildlife Refuge

National Wildlife Refuge

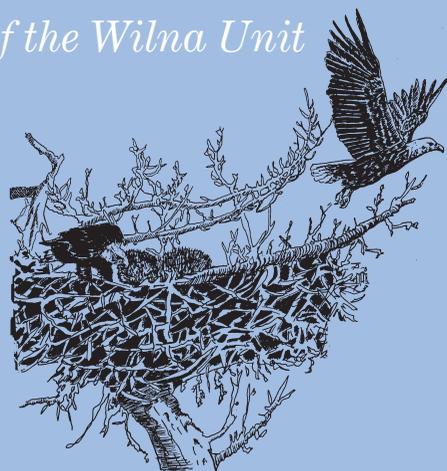
Rappahannock River Valley

U.S. Fish & Wildlife Service

Rappahannock River Valley

National Wildlife Refuge

Trails of the Wilna Unit

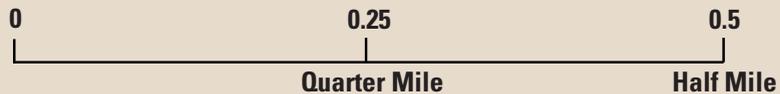
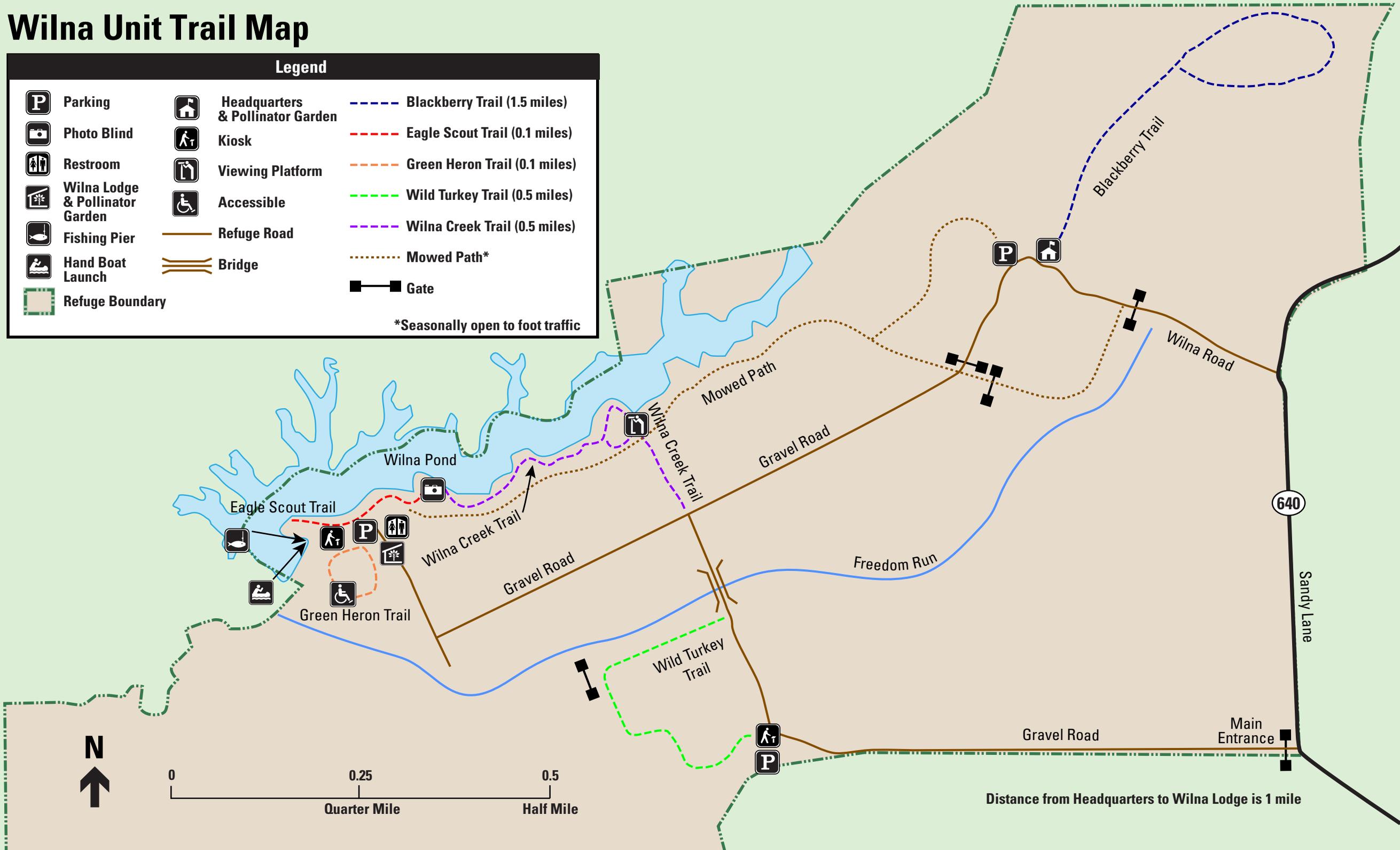


Wilna Unit Trail Map

Legend

- | | | |
|---------------------------------|----------------------------------|-------------------------------|
| Parking | Headquarters & Pollinator Garden | Blackberry Trail (1.5 miles) |
| Photo Blind | Kiosk | Eagle Scout Trail (0.1 miles) |
| Restroom | Viewing Platform | Green Heron Trail (0.1 miles) |
| Wilna Lodge & Pollinator Garden | Accessible | Wild Turkey Trail (0.5 miles) |
| Fishing Pier | Refuge Road | Wilna Creek Trail (0.5 miles) |
| Hand Boat Launch | Bridge | Mowed Path* |
| Refuge Boundary | Gate | |

*Seasonally open to foot traffic



Distance from Headquarters to Wilna Lodge is 1 mile