

# Welcome to Virginia's Barrier Islands

Your Guide to What's Open for Recreation & What's Closed to Protect Nesting Birds

## U.S. Fish and Wildlife Service

### Assateague Island, VA

#### Day Use Only

**Toms Cove Hook closes annually from March 15 - September 1.**

Please enjoy the dry & wet sand at the recreational beach. When walking away from this area please keep to the water's edge at all times. The overwash and Over Sand Vehicle zone may close based on bird nesting activity. Do not enter posted bird nesting areas.



### Portions of Metompkin & Cedar Islands\*

#### Day Use Only

#### Open Year Round

Please keep to the water's edge at all times and avoid posted bird nesting areas.



### Assawoman Island

#### Day Use Only

**Closed annually March 15 - September 15.**



### Fisherman & Skidmore Islands

**Closed to Public Access Year Round**

\*The Nature Conservancy owns and manages the majority of Metompkin and Cedar Islands as a portion of their Virginia Coast Reserve. Parts of Cedar Island are also privately owned. Please refer to [www.nature.org/vcr](http://www.nature.org/vcr) to help plan your visit and obey all posted closures and regulations.

## Who Owns Virginia's Barrier Islands?

### U.S. Fish and Wildlife Service: Refuges

Chincoteague NWR: Call (757) 336 - 6122  
[www.fws.gov/refuge/Chincoteague](http://www.fws.gov/refuge/Chincoteague)

Eastern Shore of Virginia & Fisherman Island NWR:  
Call (757) 331 - 2760  
[www.fws.gov/refuge/Eastern\\_Shore\\_of\\_Virginia](http://www.fws.gov/refuge/Eastern_Shore_of_Virginia)  
[www.fws.gov/refuge/fisherman\\_island](http://www.fws.gov/refuge/fisherman_island)

### The Nature Conservancy

Call (757) 442 - 3049  
[www.nature.org/vcr](http://www.nature.org/vcr)

### Dept. of Game and Inland Fisheries

Call (804) 829 - 6580  
[www.dgif.virginia.gov](http://www.dgif.virginia.gov)

### Dept. of Conservation and Recreation

Call (757) 787 - 5989  
[www.dcr.virginia.gov/natureal\\_heritage](http://www.dcr.virginia.gov/natureal_heritage)

### National Aeronautics and Space Administration

Wallops Flight Facility: Call (757) 824 - 1720  
[sites.wff.nasa.gov/code250](http://sites.wff.nasa.gov/code250)

### Boating Access & Seaside Water Trail

Public Access Sites  
 Seaside Heritage Program Canoe/Kayak Water Trail



## The Nature Conservancy

### VA Coast Reserve

#### Access and permitted activities vary per location .

The Nature Conservancy manages multiple properties through the VA Coast Reserve (see map). These include Metompkin, Cedar, Parramore, Rogue, Sandy, Hog, Revels, Cobb, Little Cobb, Ship Shoal, Godwin, Myrtle, Mink and Smith Islands.



## Virginia Department of Conservation & Recreation

### Wreck Island Natural Area Preserve

#### Day Use Only

**Closed April 15 - August 31.**

Please enjoy the dry & wet sand of the beach, though swimming is discouraged.



## Department of Game & Inland Fisheries

### Mockhorn Island Wildlife Management Area

Please enjoy the dry & wet sand of the beach. Primitive camping is allowed.



## National Aeronautics & Space Administration

### Wallops Island

**Closed to Public Access Year Round**



Access and regulations can change over the year.

Please check the website for the location you wish to visit for the most up to date information.