Boundaries posted in the field supercede all boundaries shown on the map.
All hiking trails pass through a mixture of upland and lowland hardwood forest, small grasslands and marsh. Songbirds are the most abundant wildlife seen and heard on the trails. Hikers may occasionally see porcupine, raccoon, owls, hawks, bald eagles, waterfowl, deer, skunk and bears.

The slope for most trails ranges from level to gently sloping. Some muddy and wet areas may be encountered.

Ticks are abundant from late May–early July. Mosquitoes and deer flies are abundant from June–August. Insect repellent and other precautions should be used!

The North Bog and South Trail Roads are open to hikers and bicyclists. The hiking trails are CLOSED to bicyclists.

Binoculars and a field guide will improve your chances of seeing wildlife; both are available for loan at the Refuge Headquarters, Monday-Friday, only when staffed.

Restrooms are located at:
- Rice River bridge
- Rice Lake observation tower
- Rice Lake water control structure (May–October)
- Mandy Lake (May–October)
- Twin Lakes (May–October)

Picnic tables are located at Mandy Lake and Twin Lakes parking areas, as well as the Rice Lake water control structure fishing area.

If you encounter a bear on the trail, remain calm. Most bears fear people more than you fear them—and will flee when they hear or see you! However, mother bears may be protective of their young. If you encounter bear cubs please leave the area by the way you came.

Mandy Lake, CCC Camp and North Bog Trail loops are groomed for classic, in-line skiing in the winter months. Snowshoers are welcome, but please stay to the side of the trail. Parking is available at Mandy Lake.