



**Celebrate National Wildlife Refuge Week
October 9-16, 2021, by taking a walk in nature!**

- Walk, stroll, saunter, hike, prance, trot, amble, ramble or roll at your own pace.
- Keep track of your mileage and complete a 5K (3.1 miles) at the location of your choice.
- Once you complete the distance, stop by the Blackwater Visitor Center between 10 am and 4 pm, Tuesday through Sunday, to pick up your official “Walk for the Wild 5K” sticker (while supplies last).
- Sign up now to support your local national wildlife refuge!

<https://www.virtualrunningclub.com/events/walk-for-the-wild/>

