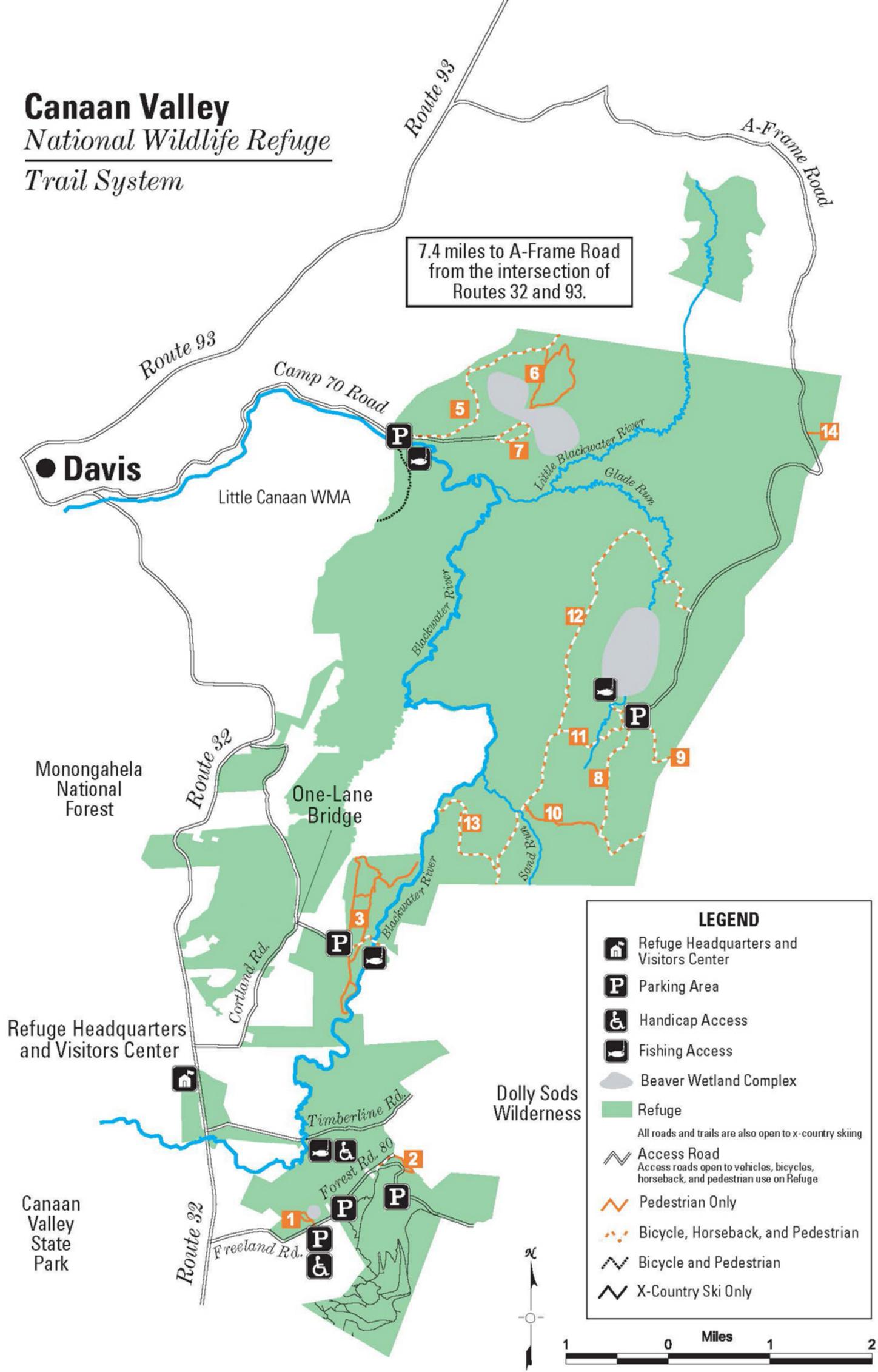


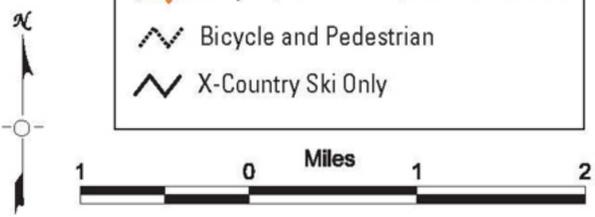
Canaan Valley National Wildlife Refuge Trail System



7.4 miles to A-Frame Road from the intersection of Routes 32 and 93.

LEGEND

- Refuge Headquarters and Visitors Center
- Parking Area
- Handicap Access
- Fishing Access
- Beaver Wetland Complex
- Refuge
- All roads and trails are also open to x-country skiing
- Access Road
Access roads open to vehicles, bicycles, horseback, and pedestrian use on Refuge
- Pedestrian Only
- Bicycle, Horseback, and Pedestrian
- Bicycle and Pedestrian
- X-Country Ski Only



REFUGE TRAILS AND TRAIL MILES WITH BLAZES

● 1	Freeland Trail	0.4 (Including Loop)	5	Brown Mountain Trail	2.4 (One way)
○ 2	Idleman's Run Trail	0.4 (One way)	6	Brown Mountain Overlook	2 (Loop)
	Idleman's Run Trail and Road Loop	0.9 (Loop)	7	Camp 70 Loop	(Including Old Road) 2.8 (Round trip)
■ 3	Beall Trails	4.5 (Total)	8	Cabin Mountain Trail	2 (One way)
△	Beall Loop Trail	2.1 (Loop)	9	Cabin Mountain Spur	0.8 (One way)
▲	Hemlock Spur	0.6 (One way)	10	Sand Run Trail	0.9 (One way)
▲	Beall Connector	0.2 (One way)	11	South Glade Run Crossing	0.8 (One way)
▲	Beall Bridge Trail	0.5 (One way)	12	Middle Valley Trail	6 (One way)
▲	Beall South Loop	1.4 (Round trip)	13	Blackwater View Trail	1.4 (One way)
▲	Shortcut	0.2 (One way)	14	Valley Overlook	0.1 (One way)
▲	Bog Overlook	0.1 (One way)			