

TRAIL MAP

Ninigret National Wildlife Refuge Salt Pond Unit U.S. Fish & Wildlife Service

Welcome to Ninigret National Wildlife Refuge! This refuge is one of five national wildlife refuges in Rhode Island. Established in 1970, it consists of 409 acres of diverse upland and wetland habitats including grasslands, shrub lands, wooded swamps and freshwater ponds. Formally part of Charlestown Naval Auxiliary Landing Field, the refuge now provides visitors with over four miles of hiking trails. You may enjoy an excellent view of Ninigret Pond, the largest coastal salt pond in Rhode Island, from the observation platform at Grassy Point. For the birding enthusiast, over 250 species of birds have been recorded at the refuge. Also, refuge shores support a large diversity of marine life such as blue crab, bay scallop, and winter flounder.

Hiking Trails

Grassy Point Nature Trail
distance: 1.1 miles loops & spurs terrain: Mild
and barrier free

Charlestown Runway Trail
distance: 0.8 miles terrain: mild
& paved, barrier free

Foster Cove Nature Trail -----
distance: 0.9 miles terrain: Mild Barrier Free

Cross Refuge Trail
distance: 1.1 miles terrain: Mild

Fishing Access
distance: 0.4 miles terrain: Mild

