

## Adjusting Your Binoculars

Step 1. The distances between the pupils of human eyes can vary greatly. Begin by holding the binocular in a normal viewing position. Then, while grasping the barrels firmly with your hands, move them closer or farther apart until the images seen by your eyes form a single circular field of view.

Step 2. Roll the eyecups down for eyeglasses; up for no glasses.

Step 3. Adjust for the differences in your eyes. Using your hand or a friend's, cover the front lens on the right side, which has a diopter setting. Using the center focus wheel, focus the side without the diopter setting on a distance object.

Once you've got the first eye focused as sharply as possible, close it and, then open right eye (the one on the diopter-corrected side). Carefully, without moving the center focus of the binocular, see if you can improve the image sharpness through this eye by slowly moving the diopter adjustment back and forth. Once you've found the setting which gives you the sharpest image, leave it there -- you're done. From this point on, you simply use the center focus to adjust both eyes while viewing.