

# Tides, Sunrise and Sunset for Nisqually Delta, July 2016

High Tide

Low Tide

	Height-Time		Height-Time		Height-Time		Height-Time		Sun Rise and Set		General Information			
1-Jul	H	14'2"	2:37AM	L	-1'4"	9:54AM	H	12'2"	5:04PM	L	6'5"	10:10PM	05:19-09:09	
2-Jul	H	14'1"	3:26AM	L	-2'3"	10:41AM	H	13'2"	6:00PM	L	6'8"	11:12PM	05:20-09:09	<b>Tides 10 feet or below</b>
3-Jul	H	13'11"	4:14AM	L	-2'10"	11:27AM	H	13'10"	6:48PM	-	-	-	05:20-09:08	Lots of mud visible. Good for herons, shorebirds, and dabbling ducks.
4-Jul	L	6'7"	12:09AM	H	13'7"	5:03AM	L	-3'0"	12:12PM	H	14'3"	7:32PM	05:21-09:08	
5-Jul	L	6'5"	1:03AM	H	13'2"	5:52AM	L	-2'9"	12:56PM	H	14'6"	8:13PM	05:22-09:08	
6-Jul	L	6'2"	1:54AM	H	12'7"	6:42AM	L	-2'3"	1:39PM	H	14'6"	8:51PM	05:23-09:07	
7-Jul	L	5'9"	2:45AM	H	11'10"	7:34AM	L	-1'5"	2:22PM	H	14'5"	9:28PM	05:23-09:07	<b>Tide 10-11 feet</b>
8-Jul	L	5'4"	3:36AM	H	11'1"	8:27AM	L	-0'4"	3:05PM	H	14'3"	10:05PM	05:24-09:06	Tides are covering most of the mudflats around the boardwalk.
9-Jul	L	4'10"	4:28AM	H	10'3"	9:25AM	L	0'11"	3:48PM	H	13'11"	10:43PM	05:25-09:06	Water level is good for dabbling ducks.
10-Jul	L	4'3"	5:21AM	H	9'6"	10:28AM	L	2'4"	4:33PM	H	13'7"	11:21PM	05:26-09:05	
11-Jul	L	3'7"	6:17AM	H	9'0"	11:40AM	L	3'9"	5:22PM	-	-	-	05:27-09:04	
12-Jul	H	13'3"	12:01AM	L	2'11"	7:12AM	H	8'11"	1:07PM	L	5'2"	6:19PM	05:28-09:04	
13-Jul	H	12'10"	12:43AM	L	2'2"	8:04AM	H	9'5"	2:45PM	L	6'3"	7:30PM	05:29-09:03	<b>Tides 11-13 feet</b>
14-Jul	H	12'6"	1:28AM	L	1'5"	8:51AM	H	10'3"	4:09PM	L	7'0"	8:49PM	05:30-09:02	Some woody debris still visible on the mudflat but water deeper. Better for diving ducks and seabirds.
15-Jul	H	12'3"	2:12AM	L	0'7"	9:33AM	H	11'2"	5:07PM	L	7'3"	9:59PM	05:31-09:01	
16-Jul	H	12'1"	2:56AM	L	-0'0"	10:12AM	H	12'0"	5:49PM	L	7'4"	10:54PM	05:32-09:00	
17-Jul	H	12'1"	3:38AM	L	-0'8"	10:50AM	H	12'7"	6:22PM	L	7'3"	11:37PM	05:33-09:00	
18-Jul	H	12'1"	4:18AM	L	-1'3"	11:27AM	H	13'1"	6:51PM	-	-	-	05:34-08:59	
19-Jul	L	7'1"	12:14AM	H	12'2"	4:58AM	L	-1'8"	12:04PM	H	13'6"	7:19PM	05:35-08:58	<b>Tides 13 feet and up</b>
20-Jul	L	6'9"	12:51AM	H	12'3"	5:40AM	L	-1'10"	12:43PM	H	13'10"	7:48PM	05:36-08:57	Lots of water around the boardwalk.
21-Jul	L	6'3"	1:30AM	H	12'2"	6:24AM	L	-1'10"	1:23PM	H	14'2"	8:20PM	05:37-08:56	Good for diving birds.
22-Jul	L	5'8"	2:11AM	H	12'0"	7:11AM	L	-1'5"	2:04PM	H	14'5"	8:54PM	05:38-08:55	
23-Jul	L	4'11"	2:56AM	H	11'8"	8:03AM	L	-0'7"	2:46PM	H	14'7"	9:31PM	05:39-08:53	
24-Jul	L	4'1"	3:45AM	H	11'2"	9:01AM	L	0'5"	3:31PM	H	14'7"	10:09PM	05:40-08:52	
25-Jul	L	3'3"	4:37AM	H	10'7"	10:07AM	L	1'11"	4:19PM	H	14'6"	10:51PM	05:41-08:51	
26-Jul	L	2'4"	5:34AM	H	10'2"	11:23AM	L	3'6"	5:14PM	H	14'3"	11:36PM	05:43-08:50	NOTE: Tide conditions can vary depending on weather conditions.
27-Jul	L	1'4"	6:35AM	H	10'0"	12:51PM	L	5'0"	6:18PM	-	-	-	05:44-08:49	
28-Jul	H	13'11"	12:25AM	L	0'5"	7:37AM	H	10'6"	2:31PM	L	6'2"	7:36PM	05:45-08:47	
29-Jul	H	13'8"	1:20AM	L	-0'5"	8:38AM	H	11'6"	4:00PM	L	6'9"	8:59PM	05:46-08:46	
30-Jul	H	13'5"	2:16AM	L	-1'2"	9:34AM	H	12'6"	5:04PM	L	6'9"	10:12PM	05:48-08:45	
31-Jul	H	13'3"	3:13AM	L	-1'9"	10:25AM	H	13'3"	5:54PM	L	6'6"	11:13PM	05:49-08:43	

This information can be found at <http://www.protides.com/washington>