Missisquoi National Wildlife Refuge

Refuge Trails and Access Areas

All trails are for pedestrian use only, including snowshoeing and cross-country skiing.

**Jeep Trail** (Open August 1—April 1)
5 miles round trip, 1.5 hours one way. Walk quietly and you may see a deer, mink or osprey within the peaceful floodplain forest. Great blue herons wade along the shoreline looking to snack on fish, frogs, and tadpoles. Watch your step—and save a leopard frog!

**Old Railroad Passage Trail**
3 miles round trip, 45 minutes one way. On your way to Maquam Bay, look for bobolinks, field sparrows and meadowlarks in open fields. You’ll pass through Maquam Bog—home to rare and unique plant species such as rhodora, pitch pine and the state threatened Virginia chain fern. The trail ends at Maquam Bay, which provides habitat for waterfowl and other water birds.

**Black Creek & Maquam Creek Nature Trails**
2.5 miles round trip, 45 minutes one way. These trails take you to Lookout Point. On the way you pass through fields that provide cover for small mammals and nesting habitat for birds, wooded lowland where you may see deer, beaver, leopard frogs, squirrels and rabbits, forest openings that provide habitat for woodcock, and wetlands providing habitat for waterfowl, reptiles, and amphibians—especially frogs.

**Stephens J. Young Marsh Observation Platform and Trail**
1.25 mile loop, 1 hour. Take in the colorful sights and distinctive smells of a freshwater wetland. Listen to the chatter of migrating ducks and geese in autumn. In summer try to spot a green heron stalking fish, insects and frogs. Bring your binoculars to look closely at the osprey nest!

**Discovery Trail**
1 mile loop, 45 minutes. Starting at the Refuge Headquarters, follow this trail past ponds, through fields and into the woods to the edge of the Maquam Bog. Walk along oak islands and boardwalks for an opportunity to see deer, red fox, coyote, songbirds and birds of prey.
Note: all trails except the Black Creek/Maquam Creek Trail are seasonally closed during deer firearms season.