

Migration Matters



In a Nutshell



Students will learn how and why scientists collect data about individual bird species and bird migration patterns by participating in a bird banding simulation and a binocular bird hike.

Grade 4 - 5

Season Fall

Location Bloomington Visitor Center, Rapids Lake Education & Visitor Center

Learning Objectives

After participating in this activity, students will be able to:

- Define the term migration.
- Name two refuge birds that migrate.
- Name two refuge birds that do not migrate.
- Identify the ability to access food all year long as the main reason for migration.
- Explain why so many National Wildlife Refuges are located along bird migration routes.
- Give at least two examples of information biologists can get from banding birds.

Literature Connections

- ***Welcome, Brown Bird*** by Mary Lyn Ray
- ***Luck*** by Jean Craighead George
- ***The Peregrine's Journey*** by Madeleine Dunphy
- ***Who's That Navigator?*** by Tom Anderson, MN Conservation Volunteer Magazine
- ***How Do Birds Find Their Way?*** by Roma Gans
- ***She's Wearing a Dead Bird On Her Head!*** By Kathryn Lasky

Pre-Activity

Students will be introduced to songbird and waterfowl banding, a scientific management tool. A slide show, discussion, and demonstration of equipment will help students understand how biologists collect information on the flight patterns, stopover sites, and general health of a variety of migratory birds.

On-site Activities

Students will participate in a mock bird banding session by rotating through a series of banding stations using the equipment and techniques of real biologists.



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The field trip will conclude with a binocular bird hike, encouraging students to collect their own scientific bird observation data.

Classroom Connection

Engage students in any of the following Flying WILD activities:

Hidden Hazards - students will act as migratory birds attempting to avoid the risks they face when running into various obstacles.

Migratory Mapping - compiling and mapping data from hypothetical band records, students will learn about the migration patterns of two neotropical migratory birds, Swainson's Thrush and Wood Thrush.

Teacher Resources

- ***Birds of Minnesota*** by Stan Tekiela



Migration Matters Pre-Activity

Materials

- Bird Banding power point and script
- Portable projector (if needed)
- Tool box with one sample of banding equipment including: pliers, wing/tail ruler, visor loupes, slide scale, bands (*Note: licensing prohibits loaning out this scientific equipment*)
- Laminated Migratory Birds poster (leave for their classroom)

Introduction

Ask students to consider all the challenges migratory birds face during their travels between nesting grounds and over-wintering areas. Make a list of their responses, for example: inclement weather, physical obstacles, and loss or degradation of habitat.

Ask students why, considering all the hazards birds face during migration, many birds still make the annual trip south? Explain that if a bird is unable to find the type of food it is designed to eat during Minnesota's cold winter months it must migrate. The birds able to find a constant food supply, despite weather conditions, will not migrate. Even ducks, geese, and eagles will continue to stay as long as open water is available. Lead students in listing a variety of both migratory and non-migratory Minnesota bird species and the types of food they consume.

Examples:

<u>Migratory Birds</u>	<u>Food Source</u>
Ruby-throated Hummingbirds	nectar
Dabbling ducks, geese	water plants, snails, water insects
American Robin	insects, worms, grubs, fruits
Eastern Bluebird	insects, fruits
<u>Non-Migratory Birds</u>	<u>Food Source</u>
Woodpecker (many species)	hibernating insects
Black-capped Chickadees	seeds
Northern Cardinals	seeds, fruits like grapes, crabapples
White-breasted Nuthatches	hibernating insects

Ask students why it might be important for scientists to gather information about bird migration. What questions do they have about bird migration?

Discuss the important role that National Wildlife Refuges play in bird migration. (Show map of refuges and discuss migratory flyways). Many national wildlife refuges were established for the specific purpose of providing habitat for migratory birds – either breeding, wintering, or stopover (resting/feeding) habitat.

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Many refuges were also purchased by Federal Migratory Bird Hunting and Conservation Stamps (Duck Stamps), which all duck hunters are required to purchase.

Activity

Use the Bird Banding power point and script to explain why biologists band birds. As well as show the students how biologists band different kinds of birds (waterfowl, songbird). Show students examples of the equipment biologists use to collect scientific data. Explain that they will have an opportunity to work as a bird biologist during their fieldtrip on the refuge by participating in a bird banding simulation.

Explain to students that in order not to overly stress the birds, banding is usually done very early in the morning, when the birds are most active and the weather is the coolest, from about sunrise to 10:00am. This is before most field trip groups can come to the refuge.

Many refuges, state agencies, and organizations have permits to band birds to gather data that can help answer other questions about waterfowl, songbirds and raptors. In order to band, an agency or organization must obtain a special permit that is issued through the USGS Bird Banding Laboratory located at Patuxent (pa – tux – ent) Wildlife Research Center in Maryland. These special permits allow only trained individuals to band birds for a specific purpose or study.

Migration Matters On-site Activities

Simulated Bird Banding Demonstration Stations

Materials

- Student Journal Sheet (1 per student)
- Clipboards (1 per student)
- Pencils (1 per student)
- Bird banding demonstration kit, set-up in the following manner:

Station 1: Songbird Capture - Mist Netting

- mist “poles” (actually dowel rods)
- 10-gallon buckets/sand and bungee cords to hold the poles in place
- demonstration mist net
- 4 toy birds: Northern cardinal, mourning dove, blue jay, American goldfinch
- toothpicks
- stop watches

Station 2: Songbird Data Collection - Banding

- Songbird transport bags (4) with sand according to bird weight (blue jay: 75g, northern cardinal: 45 g, mourning dove: 151 g, American goldfinch: 15g)
- Bag rope and clothes pins to hold bags
- Wing/tail rules (4)
- Spring scales (3)
- Digital Scale (1)
- toy birds (blue jay, northern cardinal, mourning dove, American goldfinch)
- Visor loupes (magnifying glasses worn on the head, 1)

Station 3: Duck Data Collection and Banding

- Bird photos (Canada goose, Mallard)
- Band size reference sheets
- Pliers
- Laminated photo of actual birding pliers
- Bird band gauges (2)
- Demonstration duck bands
- Paper clips
- Short sections of dowel rod to simulate a duck leg or dead fowl trainers with legs
- Sample banded bird certificate

Station 4: Migration Math

- *A Bird's Solution* math word problems
- Calculators
- Bird field guides

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Bird Hike

Materials

- Binoculars
- Bird behavior scavenger hunt sheet (1 per student)
- Birds of North America- Peterson First Field Guides (1 per adult)
- Fall birding basics guide (1 per adult)
- Clipboards (1 per student)
- Pencils (1 per student)

Introduction

Inside Visitor Center (10 minutes)

Review with students what they learned in the power point pre-activity about how scientists gather information about bird migration.

Explain to students that during their refuge field trip they will participate in two activities. Both activities involve the collection of scientific bird data. Divide the class into 2 groups. Send one group to participate in the simulated bird banding stations while the second group leaves for a bird hike. After 50 minutes the groups will meet back in the Visitor Center to switch activities.

Bird Banding Demonstration Stations

Inside Visitor Center (50 minutes)

Explain to students that for this activity, they will rotate through 4 learning stations. Three stations provide students with an opportunity to use real bird banding equipment in a simulated banding operation. At the fourth station, students calculate the food required for survival of migration for a variety of Minnesota bird species. Explain to students at each station they will complete one section of their data sheet.

Walk the students through each station, briefly describing the work they will perform, the information they will collect, and where to record it on their data sheet. Divide the group into 4 smaller teams. Assign one adult to each station to assist student teams with the tasks they are required to complete. Each student should have a journal and a clipboard to complete their data sheet. Rotate student teams through the stations every 7-10 minutes.

Equipment provided, set-up, and student tasks are described here for each station. Background information is provided for the adult leaders to share with the student teams as they begin their work at the station.

Station 1: Songbird Capture

Mist “poles” (actually dowel rods), 10-gallon buckets/sand and bungee cords to stabilize the poles, demonstration mist net, 4 toy birds (blue jay, Northern cardinal, dove, American goldfinch), stop watches, toothpicks.

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Background Information: Songbirds are captured using fine mesh nets called mist nets. Biologists and assistants usually band songbirds in the early morning hours (a few hours past sunrise in the spring and summer) while the temperature is cool, as this reduces stress to the birds. Songbirds (unable to see the thin mesh) are caught in the net as they fly back and forth between netted areas. As soon as a songbird flies into the net, biologists and their assistants work quickly to remove the bird, to minimize the amount of time each bird tosses and turns in the net. Sometimes biologists and their assistants use toothpicks to help remove the fine mesh from between a bird's toes, beak, or fragile feathers. The greater the amount of time a bird is in the net, the more difficult it will be to remove the bird. When the songbird has been removed, it is then placed in a solid canvas bag (to minimize stress) and quickly brought to the data collection area for banding.

Instruct students to gently toss each bird species, underhand, into the mist net at least 3 times and record the following information for each bird:

- Number of times the bird escaped (did not get tangled in the mist net)
- Number of times the bird was captured.
- Amount of time it took to remove the captured bird from the net.

Remind students that biologists often work together to release a bird. This is not a race or a competition. Each student should have a turn tossing a bird into the net. Have them practice this activity as if the bird were real; you wouldn't rip a real bird from a net because you may harm it.

Station 2: Songbird Data Collection

Songbird transport bags, rope and clothes pins to hold bags, wing/tail rulers, spring scales, digital scale, visor loupes (magnifying glasses), 4 toy birds (blue jay, cardinal, dove, goldfinch) or 4 specimens from the "on a stick" collection wearing simulated bands

Background Information: Banders begin by recording the date, time, and location of capture as well as current weather conditions. Captured birds are weighed while still in the bag. The weight of the bag is subtracted from the total. Total weight (g) – Bag weight (g) = Bird weight (g)

In the event the bird escapes before all data is collected, biologists always record the new band number (or the existing band number if the bird has already been captured) and the species. The small band numbers can be extremely hard to read with the naked eye. Banders typically use magnifying glass worn on the head, called visor loupes, to keep their hands free to hold and work on the birds. Additional information including age, sex, size (weight & wing chord length) is gathered and recorded in the data log. This information is eventually entered into a national database at the USGS Bird Banding Laboratory.

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Instruct students to complete the following for as many bird species as time will allow:

- Weight with digital and spring scale (do not open bags)
- Tail length (if using toy birds)
- Band number

Students should work together, taking turns at weighing, reading bands using the visor loupes, and taking tail or wing chord measurements.

Station 3: Banding

Bird photos (Canada goose, Mallard, Blue Jay, Ruby-throated hummingbird), band size reference sheets, pliers, demonstration duck bands, paper clips, laminated photo of actual birding pliers, band gauges, short pieces of dowel rod to simulate a duck leg or dead fowl trainers with legs.

Background Information: Once captured, each bird is given a bracelet, called a band, made of lightweight aluminum. Each band is imprinted with a unique number. Bands that are properly fitted rotate freely around the bird's leg and add very little weight (compare the weight of the paperclip (1 paperclip = 1g) to the weight of the bands). The size and thickness of bands vary by bird species. Larger birds get a larger, thicker band.

Bands found on a dead or sick bird should be reported to the USGS Bird Banding Laboratory. A certificate and information collected on that bird is mailed to the individual who reports the band. Show students the example provided.

Station 4: A Bird's Solution

A Bird's Solution word problems, calculators, bird field guides

Students work together to calculate the answers to the 7 word problems on *A Bird's Solution* and record answers on the team data sheet.

Bird Hike

Refuge Trail (50 minutes)

In addition to bird banding, biologists use observation to collect valuable information about birds. Help students develop their observation skills using the Flying WILD activity, *Bird Behavior Scavenger Hunt*, as part of the refuge hike, or use the simple observation data sheet included. During the hike, make sure to travel through various habitats to give students the opportunity to observe different bird behaviors and record their findings on the data sheet. Encourage students to use a field guide as a resource to identify as many bird species as possible, but remind them that it is OKAY if they don't know what kind of bird it is. Although the students don't need to know the type of bird,

Observing Birds in the Wild

(Examples of Bird Behaviors)

Singing or calling

Preening

Bathing in water

Taking a dust bath

Soaring

Flying

Perched on a limb or branch

Hovering in mid air

Feeding

the adult should be given a field guide as well as a birding basics book for the proper season so they can look it up if they wish.

Binocular Tips

If the group has not used binoculars before, here are some tips to increase success before heading out on the hike:



- Instruct students to always keep the binocular strap around their neck! This reduces the chance students will swing, drag or drop the binoculars. It also improves their chances of being ready when an interesting bird lands on the trail in front of them!
- Show students how to adjust the binoculars to fit the space between their eyes. Ask them to practice widening and closing the barrels until they see a single image. Students who report seeing only “black” often do not have the binocular barrels adjusted properly for their eyes. This can also be caused by not having the eye cups adjusted properly –up for glasses, down for no glasses.
- Ask students to practice bringing a figure into and out of focus. This will help them determine when something is truly clear and sharp.
- Have students practice finding a stationary object. One way to explain this is to use the “keep your eye on the ball” analogy. Students should find the bird with their naked eyes, KEEP their eyes on the bird, and bring the binoculars up to their eyes. This keeps them from having to “hunt” for the bird in a much smaller field of view.

When the group returns, summarize the results of the hike with questions about their observations.

- How might a particular behavior benefit a bird?
- Would any of the behaviors observed be dangerous for a bird? What (if any) behaviors were not observed? Why?
- Did any single species seem to be exhibiting a particularly distinctive behavior? Why?

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- Do these behaviors happen year round or only during certain seasons? Which behaviors might be specific to the breeding season, migration season, etc.?

Wrap-up Management Connection

(10 minutes)

Inside the Visitor Center

Ask students what species and behaviors they observed on their bird observation hike. What unique behaviors did they observe? What part of the bird banding process did students find the most challenging and why? What kinds of information can we learn from banding birds?

What new information did they learn about bird banding from the simulation?

Ask which students would be interested in taking part in an actual banding program. Provide information on upcoming opportunities to observe and/or participate in refuge bird banding.

Bird Banding at Minnesota Valley National Wildlife Refuge

Birds have been scientifically banded in North America since 1902, starting with the work of Dr. Paul Bartsch of the Smithsonian Institution. Dr. Bartsch banded 23 black-crowned night herons in Washington D.C. His first band recovery happened in September 1902.*

To monitor wood duck populations, MN Valley NWR is required to band at least 100 wood ducks each year prior to the opening of the waterfowl hunting season. The quota includes 25 adult females, 25 adult males, 25 immature females & 25 immature males. Although the Refuge is only required to band wood ducks, the refuge is able to monitor all bird species through banding. As a result, the refuge has a songbird banding program in place. Through the banding program, the refuge staff can contribute to scientific data collection, providing biologists with valuable information about a variety of bird species that use the refuge.

Migration

Rainy Day Hike Alternatives

In place of the bird observation hike, lead students in one of the following inside activity options after the simulated bird banding demonstration.

Option 1

Flying WILD Migratory Mapping

In the Flying WILD activity *Migratory Mapping*, students learn about migration patterns of two Neotropical migratory birds, the Swainson's Thrush and the Wood Thrush, by compiling and mapping data from hypothetical band records.

Materials

- North America Map Data Sheet (4)
- South America Map Data Sheet (4)
- Western Hemisphere Data Sheet- blown up to hang on the wall
- 4 different colored markers (4 sets = 1 per group)
- Pictures of Swainson's & Wood Thrush

Ask students to select a partner for this activity. Pass out a set of data sheets, colored markers, and thrush pictures to each team. Follow the Flying WILD activity, *Migratory Mapping*, using the simulated band records and instruct students how to compile and map data for the Swainson's and Wood Thrushes.

Option 2

Bird Feeder Observation

Students observe birds that visit the refuge feeder and record the behaviors they observe.

Materials

- Binoculars (1 per student)
- Data sheets (1 per student)
- Clipboard/pencil (1 per student)
- Bird field guide (1 per student)
- Blank paper
- Assortment of color pencils

Pass out the binoculars, data sheets, clipboards, and pencils to each student. Using the field guides, ask students to identify the birds that visit the refuge feeders and record the behaviors they observe on their data sheets. Provide blank paper and color pencils. Encourage students to draw at least one of the birds they watch.

Option 3 (Rapids Lake Only)

Migration Matters Worksheet

Students use the migration matters exhibit and National Wildlife Refuges Wall Map to answer questions about three migratory species: Bobolink, American White Pelican, and Woodcock.

Materials

- Calculators
- Migration Matters worksheet (one per student or student team)
- Clipboard and pencil (one per student or student team)

Divide students into teams of 4. Provide each team with a calculator, Migration Matters Worksheet, clipboard and pencil. Point out the location of the migration matters exhibit and wall map to the student teams.

Option 4

Project WILD, Migration Headache

Follow the Project WILD Minnesota Activity, *Migration Headache*, using the scenario cards for ducks, not sandhill crane, as ducks are more common to Minnesota Valley National Wildlife refuge.

Materials

- Large playing field or gymnasium
- Hula-hoops or carpet squares (8)
- Duck scenario cards
- Posters: The National Wildlife Refuge System and
- North American Migration Flyways

Discuss with the class the importance of stopover habitat to rating ducks, which were represented by the hula hoops in this game. Ask students how an increase or decrease in the number of stopover habitats affected duck survival. Ask students to carefully look at the map of *The National Wildlife Refuge System*. What do they notice about the numbers and locations of National Wildlife Refuges? Make students aware, if they do not notice, the greater concentration of National Wildlife Refuges located in the Midwest, east, and west coasts. Ask students to hypothesize why the U.S. Fish and Wildlife Service would concentrate National Wildlife Refuges in these areas. Use the poster *North American Migration Flyways*, to show students where National Wildlife Refuges are situated along the three major North American flyways, or “Highways in the Sky”. Explain to students the locations of these refuges provide a variety of habitat types necessary for resting and feeding migratory birds of all types.