

*Step outside and you may see a...*

## **Leopard Frog**



### **A Long Jump to Survive**

How far can a leopard frog jump? When escaping predators, they can jump up to 6 feet! During a hike on the refuge, you may see leopard frogs jumping, catching food or resting in the tall grass.

It is not uncommon for a leopard frog to be far from water. They can migrate up to one mile from their original pond or lake to spend the summer months eating insects. To stay hydrated, their skin has adapted to be very absorbent and it is able to soak up water from unlikely places like the dew on a blade of grass or soil. During the fall months, leopard frogs return to the water to hibernate.

Leopard frogs are often sources of food for many predators. Tadpoles are preyed upon by turtles, fish and dragonfly larva. On land, kingfishers, garter snakes and salamanders are a few of a leopard frog's common predators.

