The trails of John Heinz National Wildlife Refuge at Tinicum are open from sunrise to sunset. The Cusano Environmental Education Center is open from 8:30 AM until 4:00 PM.

Visitors with special needs – Contact the refuge for trail information.

Pets – Pets must be kept on a leash on the refuge.

Prohibited Activities – Camping, hunting, trapping, swimming, setting fires, collecting plants and animals. Consult refuge office for additional prohibited activities.

LEGEND
- Bus Stop
- Train Station
- Refuge Boundary
- Trails
- Marsh
- Water
- Cusano Environmental Education Center
- Parking Area
- Canoe Launch
- Wildlife Observation Area
- Maintenance Compound
- Fishing Platform

DIRECTIONS
From I-95 South, take Exit 14 (Bartram Ave.); turn right onto 84th St.; turn left onto Lindbergh Blvd.; refuge entrance is one block on right.

From I-95 North, take Exit 10 (Rt. 291); turn left onto Bartram Ave.; turn left onto 84th St.; turn left onto Lindbergh Blvd.; refuge entrance is one block on right.

From I-76 East, take I-476 South to I-95 North; follow directions above. Alternatively, from I-76 East, take Rt. 291 West over Platt Bridge; bear right on Island Ave.; turn left on Bartram Ave.; turn right onto 84th St.; turn left onto Lindbergh Blvd.; refuge entrance is one block on right.

Public transportation: SEPTA bus routes 37 and 108 or Regional Rail R1 - Eastwick Station.