



Ruth Fields  
Women in the Outdoors Committee  
9930 C.R. 72  
Filmore, MO 64449

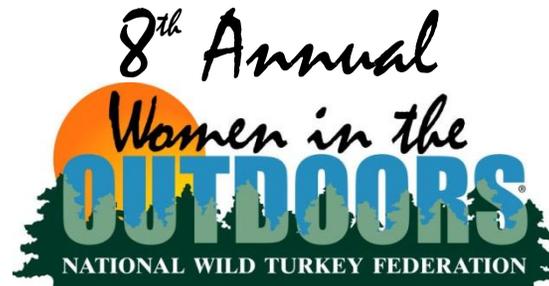
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*For more information,*

*please contact:*

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Squaw Creek  
National Wildlife Refuge  
Mound City, Missouri



*Achieving Dominance in the Outdoors*

**Friday, April 12, 2013**

**5:30 PM to 9:00 PM**

and

**Saturday, April 13, 2013**

with silent auction, games, and prizes!

Registration 7:00AM – 8:00AM

## *Women in the Outdoors*

An annual event at Squaw Creek National Wildlife Refuge in Mound City, Missouri that provides women of all ages the opportunity to learn about some of the activities that can be enjoyed outdoors while experiencing the beauty of nature – even those activities they've not had the chance to try on their own. In fact, no experience or knowledge is required and there are activities to suit everyone's abilities. Maybe you've never shot a gun, learned to fish, done crafts using nature as an inspiration, or just experienced nature itself. It doesn't matter! This event is fun, laid-back, and non-competitive. Get away from those typical Saturday errands and stretch your ambitions. Invite your family and friends to experience the beautiful surroundings at Squaw Creek National Wildlife Refuge while attending this comfortable day-camp style event.

### **Registration Fees**

**Adults ~ \$60.00**

**Girls (Age 14-18) ~ \$35.00**

*(For girls age 14 to 18 who attend with a mentor)  
Register before March 23<sup>rd</sup> and save \$5.*

Registration fee is all-inclusive

Adults will receive a 1-year subscription to Turkey Country and a one-year membership to National Wild Turkey Federation.

*We understand that you can't predict everything,  
but there will be no refunds after April 1<sup>st</sup>.*

## Weapons

*(\*) designates 3hr- class*

**.22 Rifle** ~ With experienced shooters, learn to safely load & shoot your rifle. Learn about different types of rifles & techniques for effective shooting with friends & family. We'll also provide you with a great opportunity to better maintain & handle your treasured firearms.

**Shotgun Patterning** ~ Whether you're just starting out or refining your shooting skills, this class is sure to make you a better shooter. Start with the basics including the mounting of your shotgun & how different ammunition, barrels, & chokes affect shooting performance.

**Annie Oakley/Shotgun** ~ Be one of eight shooters who line up & try to eliminate each other in this fun way to practice your shooting skills. Anyone can be the winner – even the one who misses! (This class is for experienced shooters.)

**Atlatl (\*)** ~ An Atlatl is a home-made spear that you will build & throw for hunting & sport. They were used long ago and they're still used today. This class is limited so register early!

**Archery** ~ On a 3D range, learn beginning archery, the basics of shooting a bow & arrow, & the opportunity to practice on life-sized animal objects in a natural setting.

**Knife & Tomahawk** ~ With a local historian, practice the techniques for effectively throwing knives & tomahawks.

## Caring about Conservation

*(\*) designates 3hr- class*

**Composting** ~ Learn to reduce your reliance on chemical fertilizers & how to incorporate organic waste into your soil.

**Native Pollinators** ~ A refuge biologist will take you on a journey to explore common pollinators & the habitats & important plants they use. Learn what you can do to improve their habitats & how to successfully identify them through collection & photography.

**Bat Houses** ~ Learn about the conservation of bats, where to find them, & their habitat needs. You'll even do your part by building a bat house that will provide a place to rest here in Northwest Missouri.

## Relishing the Refuge

*(\*) designates 3hr- class*

**Ducks a Muck** – If you know what they eat, you'll know where to find'em! Tour the wetlands with our Refuge Manager to see the difference between dabblers & divers & the habitats they are drawn to.

**Photography (\*)** ~ Learn the techniques that photographers use to capture the vibrant pictures of wildlife then practice them with professional photographer, Carrie Wilson, who will offer advice & tips. Please bring your own camera.

**Magical Migration (\*)** ~ Learn how to find our winged wonders based on their habitats & behaviors. Practice your identification skills & earn a life checklist at the same time!

## Water

*(\*) designates 3hr- class*

**Layout Boats** ~ Once used in the southern swamps for hunting, fishing, & basic transportation, today they are commonly used for waterfowl hunting. Travel through our wetlands & marshes as we pole them & set them up for hunting & photography.

**Fly Fishing** ~ Have an exciting day at the water's edge learning the rhythm of the rod to pull in those prized catches.

**Trout Trades** ~ The Midwest provides many opportunities to fish for trout in rivers & streams. Find where your trophy fish is hiding, how & where to setup your tackle for an exciting day on the water.

**Pond Management** ~ What are the characteristics of a healthy fishing pond? Talk with fisheries biologists who offer techniques to make your fishing experience more successful.

## In the Kitchen & on the Prairie!

*(\*) designates 3hr- class*

**Catch of the Day!** ~ Learn how to clean'em & cook'em. There's nothing complicated in this class.

**Dutch Oven Cooking (\*)** ~ Prepare simple delicious recipes in a cast iron Dutch oven, over hot coals, using traditional & early American style recipes including stews, casseroles, & desserts. We guarantee you'll be surprised at what you can cook.

**Dwellings on the Great Plains** ~ Join our local historian & travel back in time to experience the shelters of the great plains.

**Prairies** – It's not JUST a prairie! Whether it's moist soil, tall grass, or short grass, many types of prairie make up Squaw Creek National Wildlife Refuge. So join our Wildlife Refuge Specialist on a hike to find out what makes each prairie type unique.

**Raising & Having Pet Rabbits** ~ Rabbits have been popular for generations & they are fun & inexpensive to raise. Learn what it takes to maintain & raise healthy rabbits.

## Crafts *(\*) designates 3hr- class*

**Lapidary (\*)** ~ Gems, agates, & petrified wood are beautiful natural resources that you can cut, shape, grind, & polish to treasure for years to come, perhaps in a piece of beautiful jewelry.

**Jewelry Making** ~ Discover some of the techniques that are used to create jewelry including wire wrapping, knot tying, & basic design.

**Glass Art** ~ Turn garage sale & thrift store glass into beautiful serving & decorative pieces.

**Ditching** ~ On your last walk, what beauty did you pass up? Let us introduce you to ways that natural art including driftwood, sweet gum pods, vines, pinecones & berries can be used to adorn your home.

**Shotgun Shell Crafts** ~ Recycle those shotgun shells to embellish the soft side of the hunter in you. We'll show you several ways you can enjoy them as rustic accents year round.

# Registration Form

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Day Telephone (        ) \_\_\_\_\_

Evening Phone (        ) \_\_\_\_\_

Email \_\_\_\_\_

Yes, I will attend Friday evening's hog roast and games with & hayride on the refuge, at sunset.

Yes, I will attend Astronomy 101 after the hayride

Yes, I want to live history! I wish to stay in the special Native American lodges & Frontier Period wall tents.

*(This class has a limited space so register early!)*

Yes, I would like to participate in the early turkey photography from 5:00 AM to 7:30 AM on Saturday morning.

Yes, count me in for dinner (*Dutch-treat*) at Bigelow's The Sportsman's Lodge on Saturday evening!

Yes, I will purchase a t-shirt at the event (\$20) Size \_\_\_\_\_

## Class Selection:

*Please list in order of preference your class choices. (\*) designates a 3 hour class.)*

1 \_\_\_\_\_

5 \_\_\_\_\_

2 \_\_\_\_\_

6 \_\_\_\_\_

3 \_\_\_\_\_

7 \_\_\_\_\_

4 \_\_\_\_\_

8 \_\_\_\_\_

*If registering prior to March 23, 2013, please pay \$55  
If registering on or after March 24, 2013, please pay \$60*

**Check Enclosed**

**Visa**

**MasterCard**

**Discover**

Credit Card Number

\_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Expiration Date \_\_\_\_ / \_\_\_\_

**Mail registration to Ruth Fields  
9930 C.R. 72 ~ Filmore, MO 64449**