UNITED STATES
# DEPARTMENT of the INTERIOR

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FISH AND WILDLIFE SERVICE
Bureau of Commercial Fisheries — Guinan - 343-5634

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NEW RECIPES ISSUED FOR PREPARING FISH AND SHELLFISH "OVER THE COALS"

The Department of the Interior's Bureau of Commercial Fisheries today announced publication of a new recipe booklet containing tested recipes and suggestions for preparing fish and shellfish "over the coals."

Developed especially for those who enjoy cooking outdoors, the new booklet contains recipes for lobster tails, whitefish in foil, flounder with crab stuffing, rainbow trout, charcoal broiled scallops, and many other tasty seafood delicacies.

Bureau home economists tested and approved nearly 40 new recipes and serving ideas which are illustrated in color in the 24-page booklet. It also contains helpful suggestions for buying fish for quality and quantity, and tips on starting and maintaining the charcoal fire.

Fish and Shellfish Over the Coals, (Test Kitchen Series No. 14), is available for 40 cents from the Superintendent of Documents, Washington, D. C. 20402.

Donald L. McKernan, Director of the Bureau of Commercial Fisheries, said the new publication is part of the continuing consumer education program being conducted in cooperation with the fishing industries of the United States.

"Publication of Fish and Shellfish Over the Coals will help many more consumers realize the economy and nutritive value of fish as an everyday food," Director McKernan said.

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