



# Horned and Tufted Puffins

Tufted puffins dress to impress with bright white masks and long yellow feathers on their heads. Horned puffins have thick yellow-and-red bills, white cheeks and bellies, and black, fleshy spikes above their eyes. Did you know puffins fly in the air and underwater? Underwater, they can dive to 200 feet to find their food, mostly small fish and invertebrates like small squid. To feed their chicks, puffins hold fish crosswise in their bill and can carry twelve or more at once! Seabirds sometimes mistake plastics with food and eat it or feed it to their chicks. You can help by reducing plastic use, recycling, and putting garbage in a trash can, which helps to keep plastics from entering the ocean.

