



TRAIL SOUNDTRACK



OAKS TO WETLANDS TRAIL

While many of us love listening to the sounds of nature as we walk, some may use music to enhance their experience in nature!



Feel free to listen to some of our recommendations as you walk.

Folkish

- **Ends of the Earth** - Lord Huron
- **My Silver Lining** - First Aid Kit
- **Ragged Wood** - Fleet Foxes
- **Before the Sun** - Gregory Alan Isokov
- **Beneath Oak Trees** - Dylan Gossett

Enchanting

- **Ice Dance** - Danny Elfman
- **Galaxy in Turiya** - Alice Coltrane
- **Concerning Hobbits** - Howard Shore
- **The Flower Garden** - Joe Hisaishi
- **Rises the Moon** - Liana Flores

Main Character Energy

- **Orinoco Flow** - Enya
- **Fool** - Adrienne Lenker
- **I'm Gonna Be (500 Miles)** - The Proclaimers
- **A Horse with No Name** - America
- **Leaf Off / The Cave** - José Gonzalez

Peaceful

- **First Breath After Coma** - Explosions in the Sky
- **Prickly Pear** - Summer Salt
- **The John Dunbar Theme** - John Barry
- **The Complete Sonatas and Partitas for Solo Violin** - Bach
- **Twelve's It** - Ellis Marsalis Trio

If you do decide to listen to music on the trail, make sure you use headphones to not disturb other hikers or the wildlife!



If you have a song that you connect with on the trail, email it to RidgefieldVolunteer@fws.gov!