

## UPCOMING PROGRAMS AT YOUR LOCAL NATIONAL WILDLIFE REFUGES

### **ASSABET RIVER NWR**

Visitor Center at 680 Hudson Road, Sudbury, MA. For question about programs or to register contact Kizette at [kizette\\_ortizvanger@fws.gov](mailto:kizette_ortizvanger@fws.gov) or 978-562-3527 x. 117

**Tours of the Visitor Center, every Saturday & Sunday at 11am & 2pm** Take a guided tour of the building and exhibits; learn about our programs. Bring a friend or family member that might enjoy a visit to the refuge.

**Morning Yoga: July 19<sup>th</sup>, 26<sup>th</sup>, and August 2<sup>nd</sup> at 10:00 AM** Join Interns Alison Bennett and Meghan McCafferty on Thursdays throughout the summer to experience the peace of the refuge in the morning while engaging in some light exercise and stretching designed to revitalize your body and mind. This program will run on **July 19<sup>th</sup>, 26<sup>th</sup> and August 2<sup>nd</sup> at 10:00 AM**. We will meet at the Visitor's Center and take a short hike to our yoga spot. Please bring your own mat, water bottle and outdoor appropriate shoes. Please contact Kizette to **RSVP** by 3pm the Wednesday before the program.



**Leave No Trace Workshop: Wednesday, July 18<sup>th</sup> at 5-7:30pm** Join the Subaru/Leave No Trace Traveling Team and learn more about protecting your outdoor recreational areas. Participants will explore the principles of Leave No Trace through hands-on, engaging activities. By practicing Leave No Trace, we can preserve and protect our public lands for future generations. **Registration required**, contact Kizette.

**Bunker Tour: Saturday, July 21<sup>st</sup> at 11am** Join local historian Jan Wright for an informative hour talk and tour of one of the ammunitions storage bunkers at Assabet River NWR. **Only 30 Spots are available**, to register please contact Jan Wright at [janmariew@netzero.net](mailto:janmariew@netzero.net) or 508-485-4170.

**Showing of Green Fire: Wednesday, July 25<sup>th</sup> at 7pm** Join the Friends of the Assabet River NWR for a special viewing of the first full-length documentary film ever made about legendary conservationist Aldo Leopold and his environmental legacy. Well known as the author of the classic nature writings in the Sand County Almanac, *Green Fire* shares highlights from his extraordinary career, explaining how he shaped conservation and the modern environmental movement. It also illustrates how Leopold's vision of a community that cares about both people and land continues to inform and inspire people across the country and around the world. Leopold's ideas remain relevant today, continuing to inspire projects nationwide that connect people and land. For more information <http://www.greenfiremovie.com>. Professor Doug Seale, who teaches Philosophy and Environmental Ethics at Framingham State University will introduce the movie.

**Refuge Fledgling Hour: Friday, July 27<sup>th</sup> at 10:30am** July's FROG activities will include information about frogs, toads and how the FWS is trying to help these species, a story about Frogs, an art activity or game, followed with a hike to see a pond and live creatures (if weather permits). Please bring appropriate clothing.

**Birding by Ear: Saturday, July 28<sup>th</sup> at 7:30-9:30am** Summer birding is more about listening and hearing bird calls. The dense foliage makes it difficult to see them at this time of year. This walk will emphasize the unique pleasure of paying attention to bird calls and give you some basic guidance to identifying bird by their songs and calls. We will explore forest and wetland habitat around Puffer Pond, also keeping an eye out for other refuge wildlife (deer, muskrat, turtles etc). Please contact Kizette to **RSVP** by 3pm on Friday, July 27<sup>th</sup>.

**Paint the Refuge: Friday, August 3<sup>rd</sup> from 12:00 – 2:00 PM** Join Intern Jollane Eccleston for an activity that the whole family can enjoy! Participants will demonstrate their connection to nature by painting a part of the refuge of their choice. "Paint the Refuge" is open to new and experienced artists (teenagers to adults). Watercolor paint will be provided, however participants are encouraged to bring their own supplies. **\*The winning painting will be displayed in the multipurpose/conference room in the Visitor Center for visitors to view\***. During the "Paint the Refuge" activity, children can participate in a scavenger hunt and nature walk on Puffer Pond trail, geared towards ages 4-7. Please contact Kizette to **RSVP** by 3pm on Thursday, August 2nd.



**(PLEASE TURN PAGE OVER FOR MORE PROGRAMMING INFORMATION)**



**CANOEING ADVENTURE!: Sunday, August 5<sup>th</sup> at 10:00 AM** Meet at the Visitor's Center for a guided canoe tour of Puffer Pond. Experience the refuge, nature and Puffer Pond in a new and exciting way! This program is designed for adults, families and children 10 years of age and older. If interested, please contact Kizette to **RSVP** by Wednesday, August 1<sup>st</sup>. On the day of the event, please meet at the Visitor's Center at 10:00 AM with waterproof clothing, hat, sunscreen and a water bottle.

**Assabet as an Army Base and Superfund Site:** Join us for a **two-part program** about the transformation of the Assabet River NWR from an

Army base and Superfund Site to a beautiful refuge that is open to the public. The **first part of the program** is an informational PowerPoint Presentation (including photographs from before the refuge was restored to its current condition), and will be held on **Thursday, August 9<sup>th</sup> from 7:00 – 8:00 PM** in the Visitor's Center. The **second part of the program** is a guided walk around the refuge featuring locations discussed in the PowerPoint, and will be held on **Saturday, August 11<sup>th</sup> from 10:00 – 11:00 AM**. Please **RSVP** to Kizette by Wednesday, August 8<sup>th</sup>.



**Nighthawk Migration: Saturday, August 25<sup>th</sup> at 6-8pm** Once a very familiar nesting bird in Massachusetts, the Common Nighthawk has been declining in numbers for the last century. It is also usually an inconspicuous bird with its drab brown coloration and nocturnal habits. However thousands of the birds can still be seen migrating through Eastern Massachusetts in late August in loose flocks far overhead at dusk, and sometimes feeding much closer to the ground. Local bird enthusiasts have used this annual opportunity to count numbers of Nighthawks as they travel through our area and maintain a database of migration numbers in the Sudbury/Assabet/Concord River watersheds, and beyond. We will use this session to see if any Nighthawks migrate through or feed over Assabet River NWR. Nighthawk identifying tips will be covered, including how to distinguish them from other evening flyers, especially swifts, swallows and bats. We may also hear and see beavers, muskrats or owls. Please contact Kizette to **RSVP** by 3pm on Friday, August 24<sup>th</sup>.

### **GREAT MEADOWS NWR**

Concord Impoundments on Monsen Road, off Rte. 62 in Concord, MA  
Sudbury address: 73 Weir Hill Road

**Summer Nature Walks: A Sense of Place at Great Meadows NWR (Concord): Saturday, July 21<sup>st</sup> and August 11<sup>th</sup> at 9:30-11:30am** The refuge hums with life during the warmest months of the year. Its luxuriance, expansive views, and ever changing moods promise endless delight for our senses and curiosity. Great Meadows is a magical place to walk, to breathe, and to commune. Each month this summer, Cherrie Corey will be offering a Saturday morning interpretive walk to help deepen participants' sense of wonder for the refuge's summer character and wild residents. *No pre-registration required. A \$5/person voluntary donation will be gratefully accepted.* Led by Cherrie Corey, local naturalist and photographer; *Co-sponsored by Musketaquid Arts and Environment Program and FARNWR.* For questions, email [cherrie.corey@verizon.net](mailto:cherrie.corey@verizon.net) or call 978-760-1933 <http://sense-of-place-concord.blogspot.com/>

**Summer Full Moon Walks: A Sense of Place at Great Meadows NWR (Concord): Thursday, August 2<sup>nd</sup> at 7-9pm** Join us for an intimate stroll through the refuge as all the wild residents enjoy their dusk time feeding and settling rituals. If the skies are clear, we'll welcome the rising moon toward the end of our foray. Bring insect repellent and layers, in case of a cooling breeze.

**REMINDER: PETS ARE NOT ALLOWED ON THE REFUGES**

### **Contact Us:**

680 Hudson Road Sudbury, MA 01776 978-562-3527

Friends of Assabet River: <http://www.farnwr.org/>

Facebook: Assabet River National Wildlife Refuge and Twitter.com/assabetrivernwr

<http://www.fws.gov/northeast/easternmanwrcomplex>

Friends of the Oxbow NWR: <http://www.friendsoftheoxbownwr.org/>

