

# Reconnecting 'Disconnected Rivers'

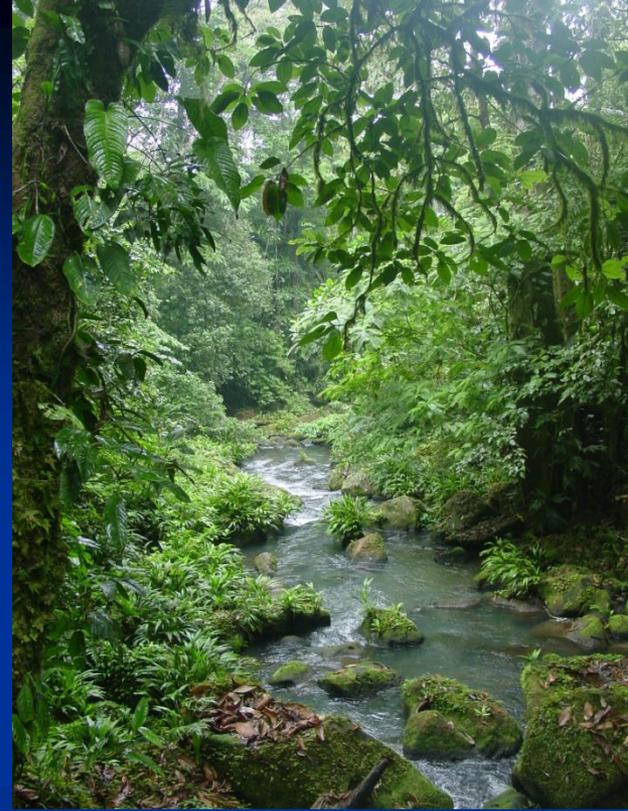
A wide, shallow river flows through a landscape of green hills and grey mountains. A person is standing on a gravel bar in the middle of the river, looking towards the water. The sky is overcast with grey clouds.

Ellen Wohl

Department of Geosciences  
Colorado State University

# Why care about rivers?

- river as ecosystem
- ecosystem services (clean water, fisheries, recreation, esthetics, flood control, habitat)
- landscape integrator –  
links physical & biological variables

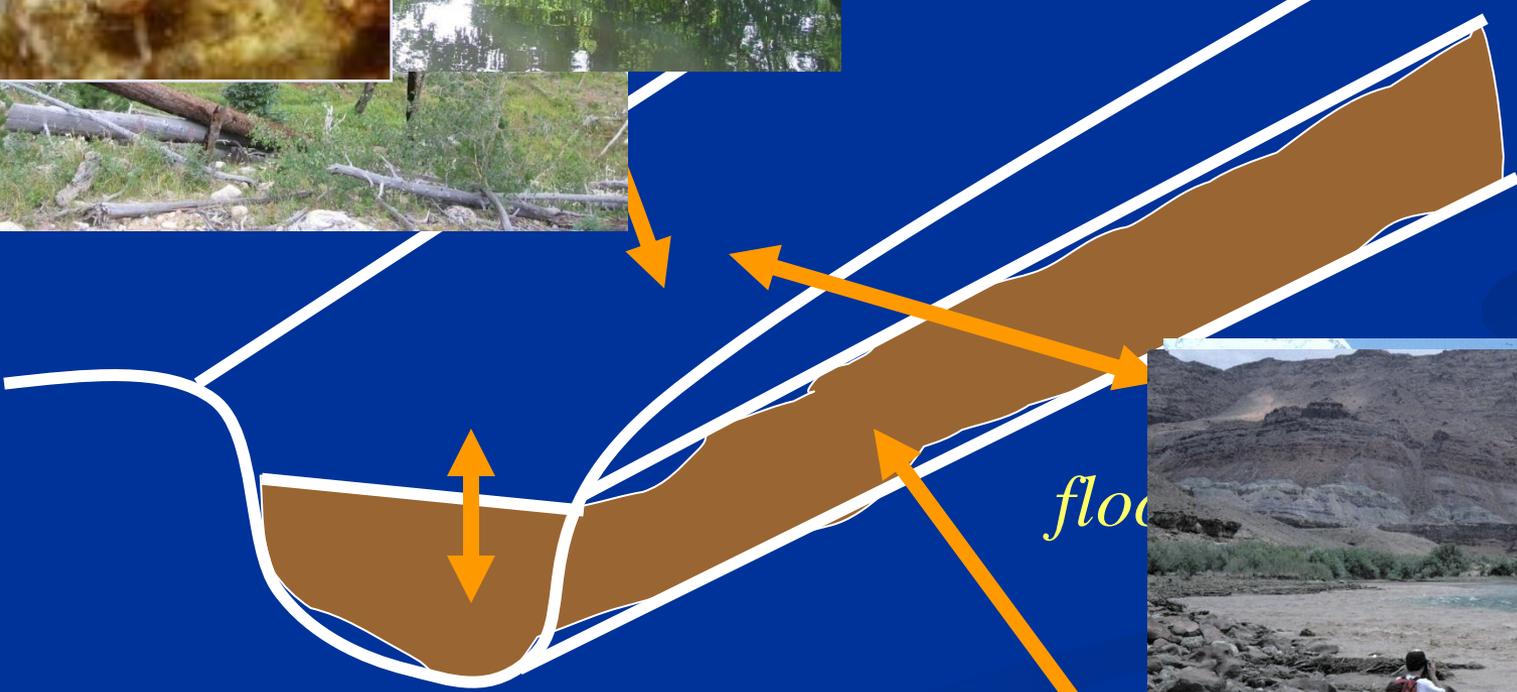




migratory fish  
 drift of larval insects  
 nutrient flow  
 water discharge  
 sediment movement  
 plant propagules  
 contaminants

organic matter  
 pesticides  
 contaminants  
 C, N  
 sediment  
 water  
 fish, amphibians, reptiles

*upstream-*  
*downstream*



*hillslope-*  
*channel*

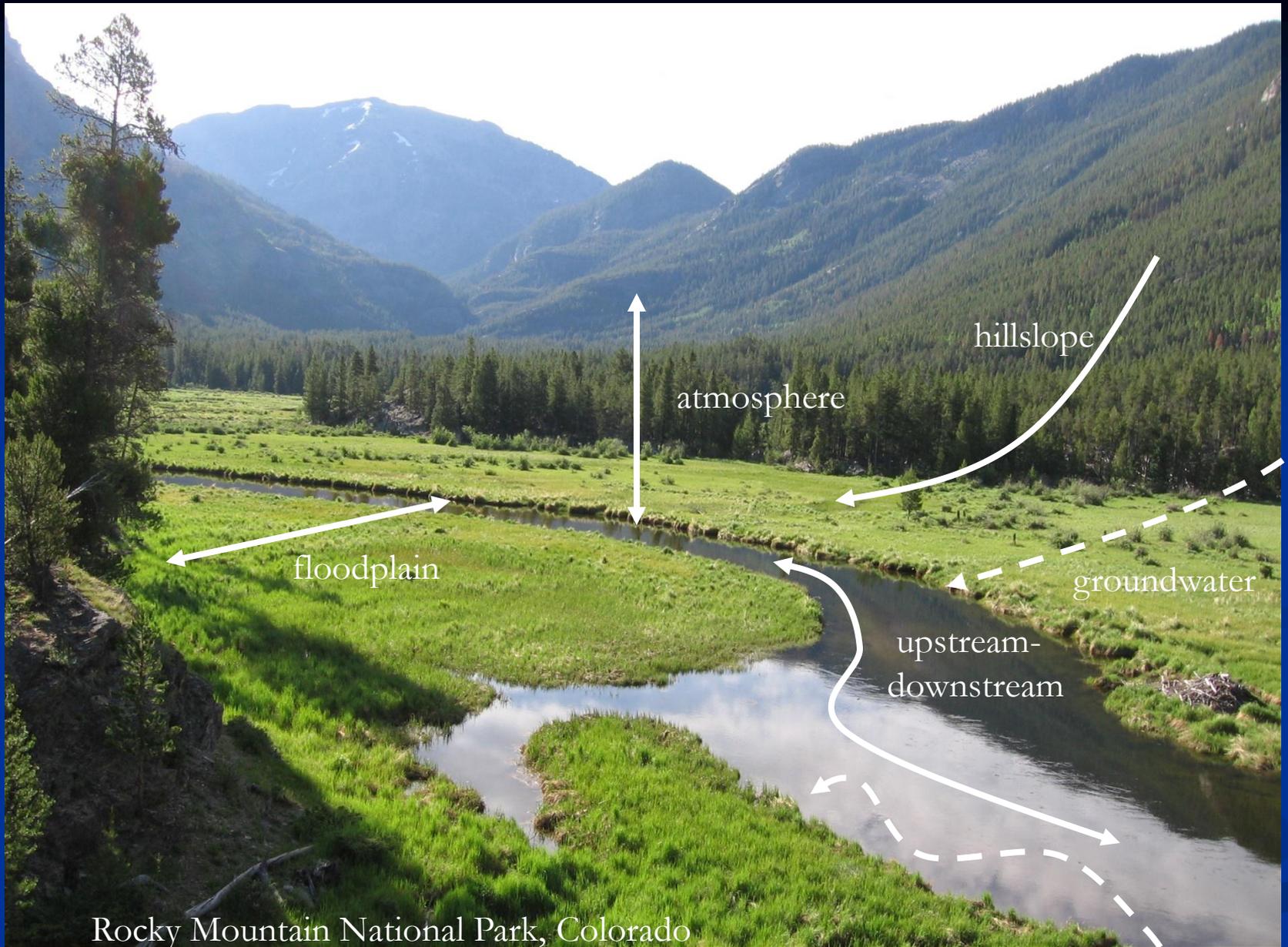
*flood*

*hyporheic-channel*

*groundw*



Grand Canyon



Rocky Mountain National Park, Colorado

hyporheic

# River Health

A healthy river exhibits physical diversity of flow and form,  
biological diversity of organisms and communities, and  
3d connectivity with fluxes of energy, matter, & organisms



Channel  
+  
Floodplain

**Physical Diversity**  
hydrology sediment  
hydraulics  
substrate  
geometry  
temporal & spatial

**Biodiversity**

biological characteristics  
connectivity (x, y, z)  
temporal & spatial

**Habitat**

**River health**



## Humans indirectly & directly alter rivers

### Indirect alterations:

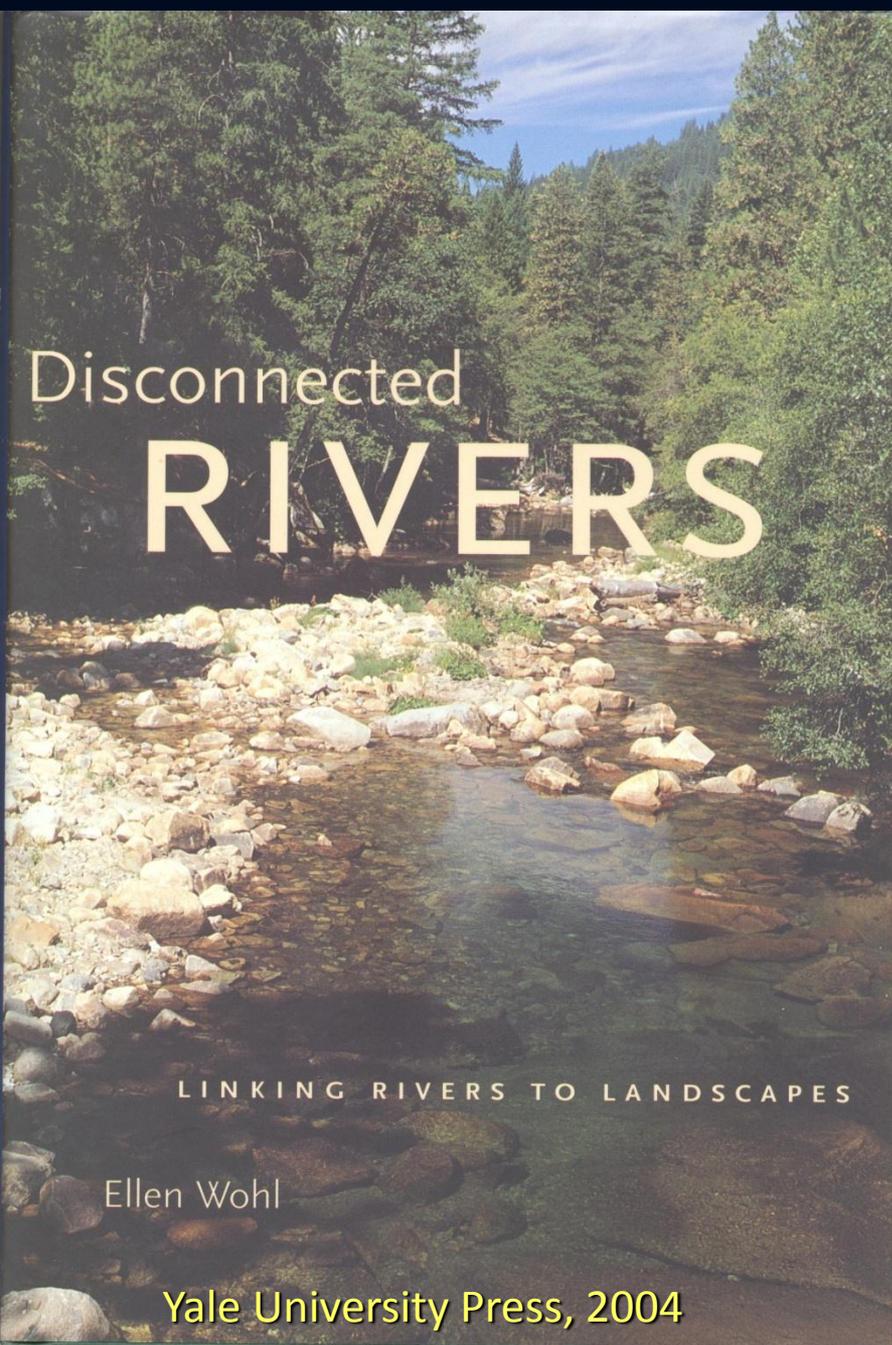
changes in land cover (deforestation, afforestation, crops, urbanization)  
human-induced changes in climate

### Direct alterations:

flow regulation (dams, diversions, augmentation)  
channelization, bank stabilization  
levees  
removal of native species & introduction of exotic species



Reduced river connectivity and physical & biotic diversity

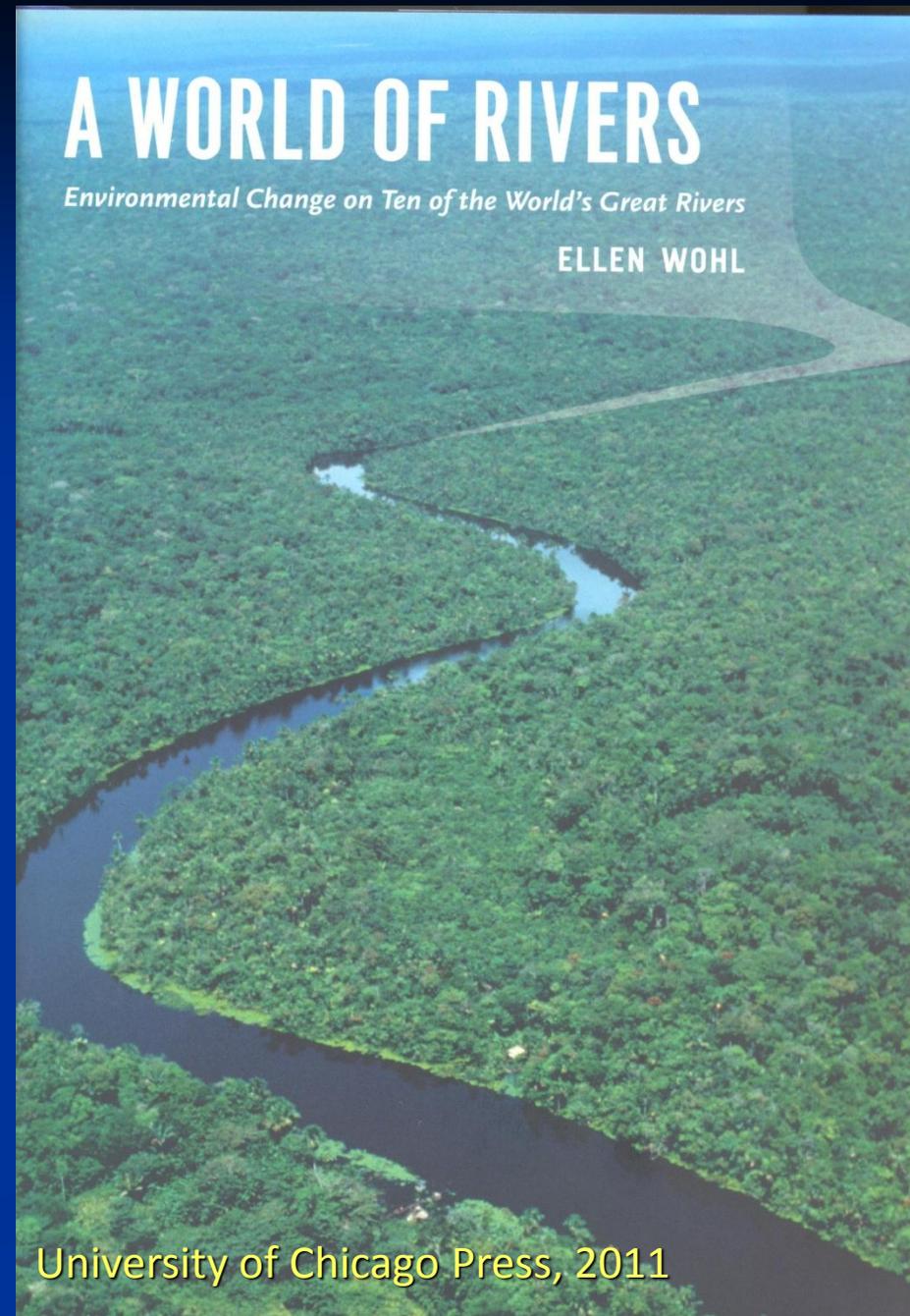


Disconnected  
**RIVERS**

LINKING RIVERS TO LANDSCAPES

Ellen Wohl

Yale University Press, 2004



**A WORLD OF RIVERS**

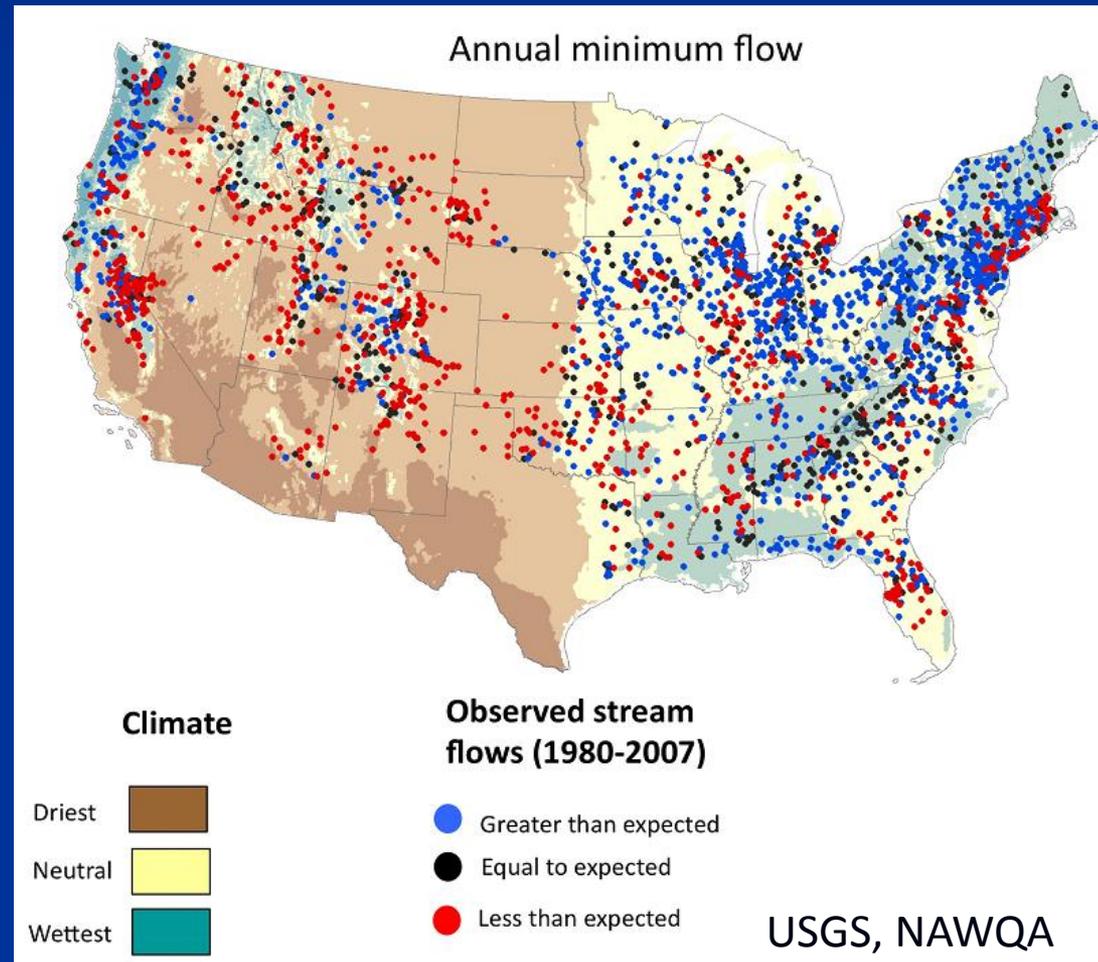
*Environmental Change on Ten of the World's Great Rivers*

ELLEN WOHL

University of Chicago Press, 2011

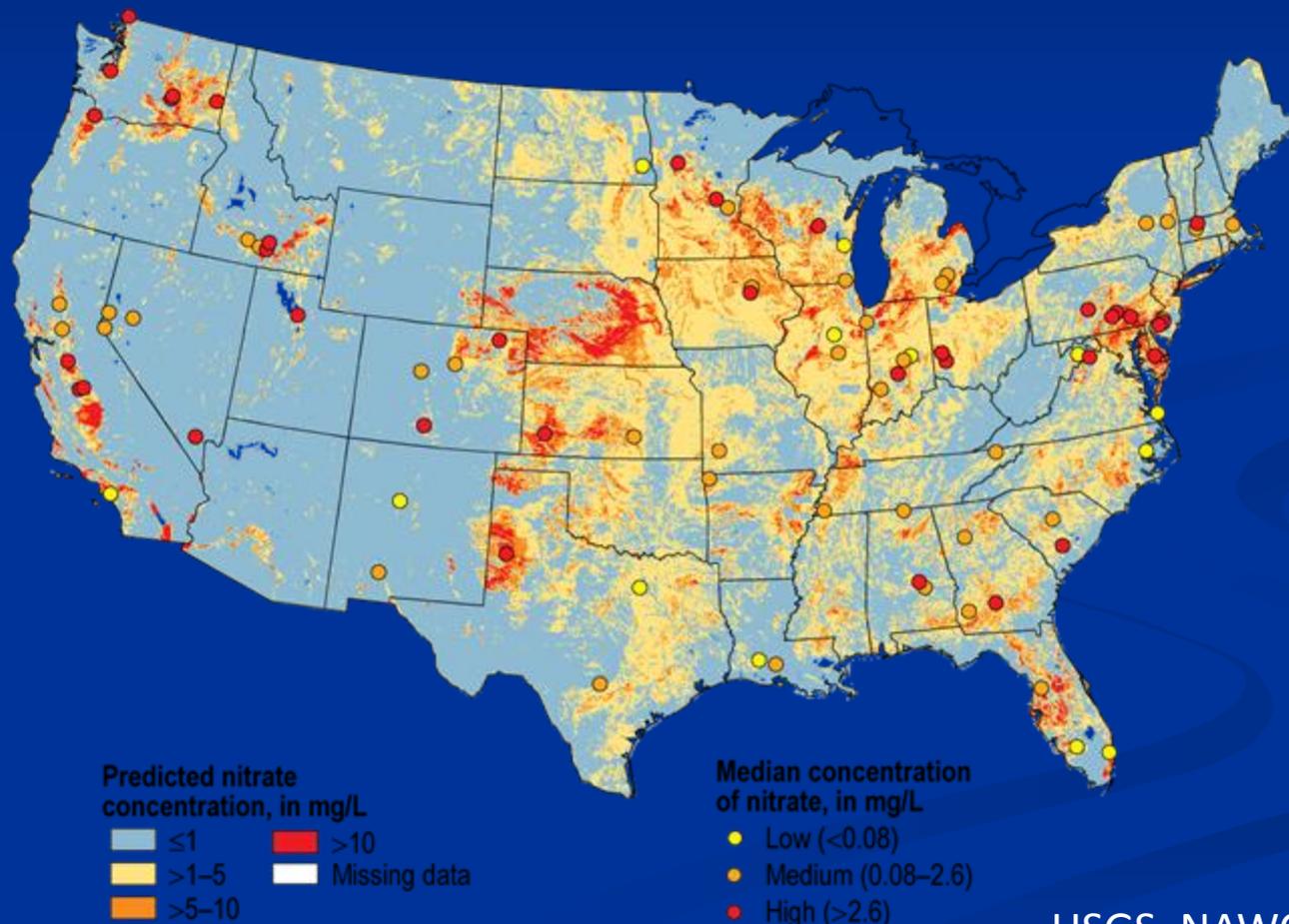
# How extensive & intensive are these alterations?

- in the US, 75,187 large dams & > 2.5 million small dams
- all watersheds larger than ~ 2000 km<sup>2</sup> (excluding Alaska) have some dams

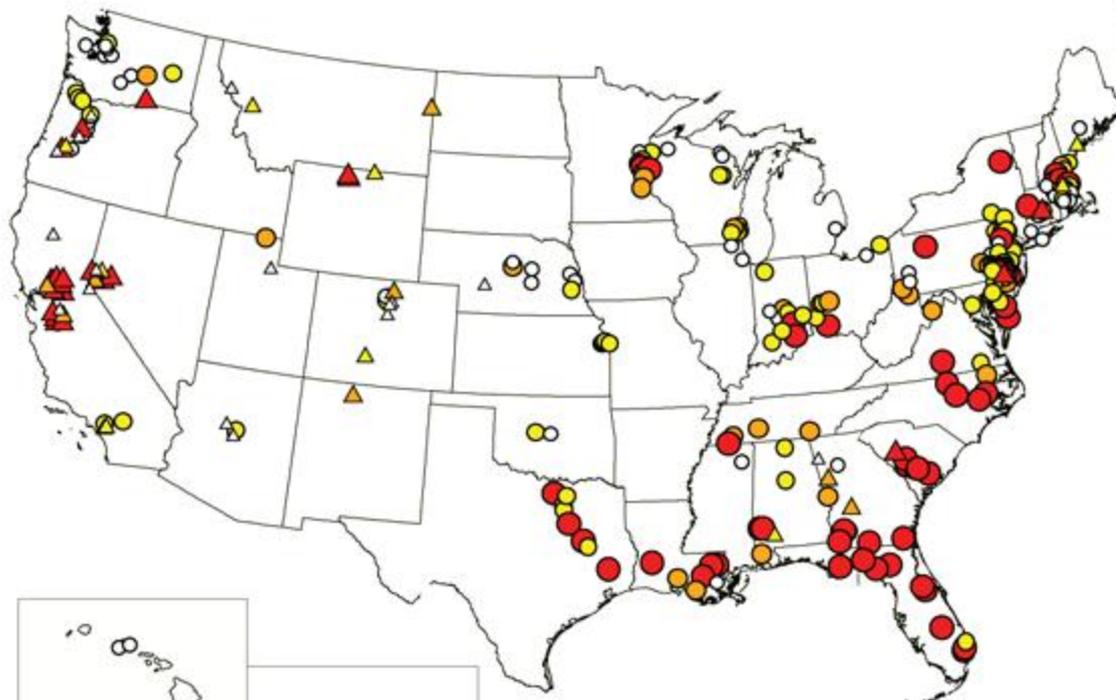


minimum flows inflated or diminished in 74% of streams assessed

- USGS 1991-95 National Water Quality Assessment: streams & ground water in basins with significant agricultural and/or urban development almost always contain complex mixtures of nutrients & pesticides
- > 1/3 of the rivers in the US are listed as impaired or polluted by EPA
- almost half US waters fail to meet biological water-quality standards



USGS, NAWQA



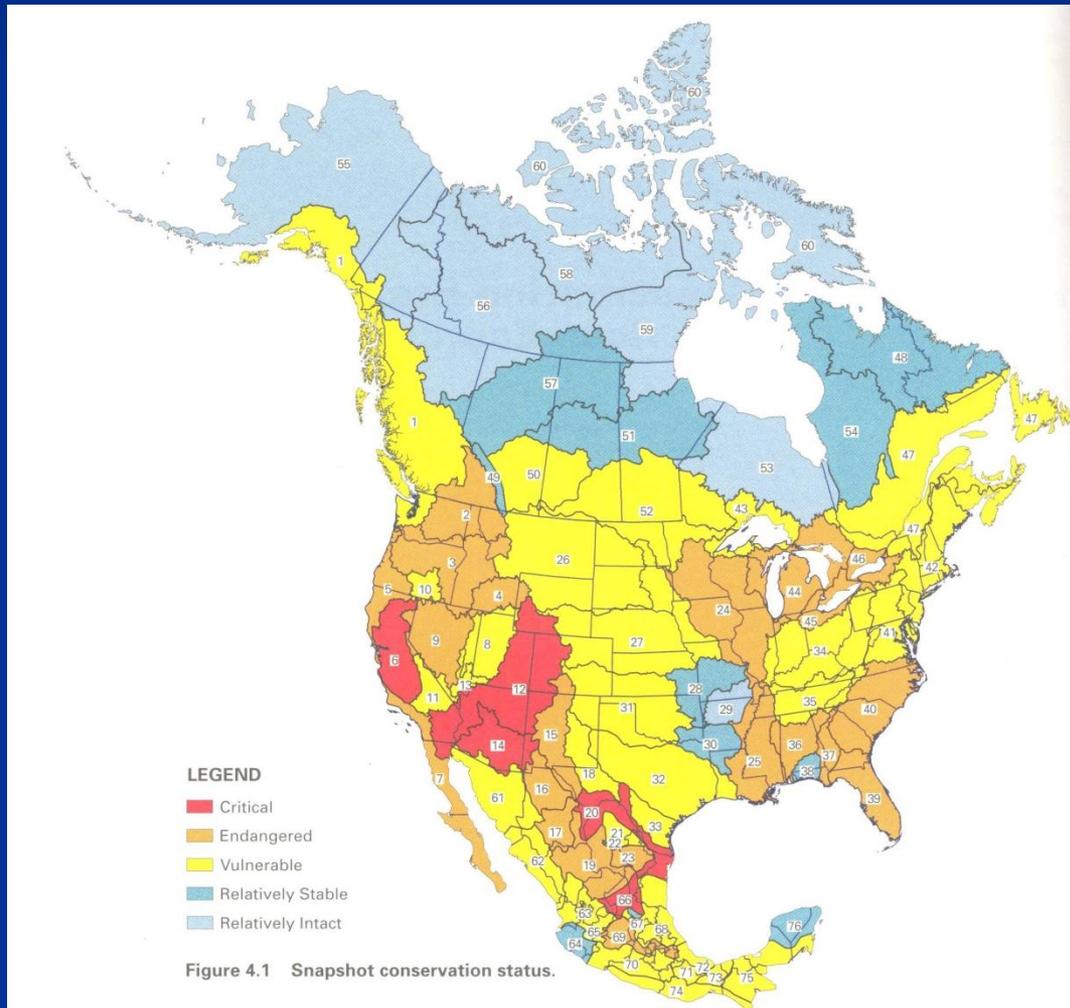
### Mercury, ppm wet weight

- |   |              |   |
|---|--------------|---|
| ○ | ≤ 0.1        | △ |
| ● | > 0.1 to 0.2 | △ |
| ● | > 0.2 to 0.3 | △ |
| ● | > 0.3        | △ |

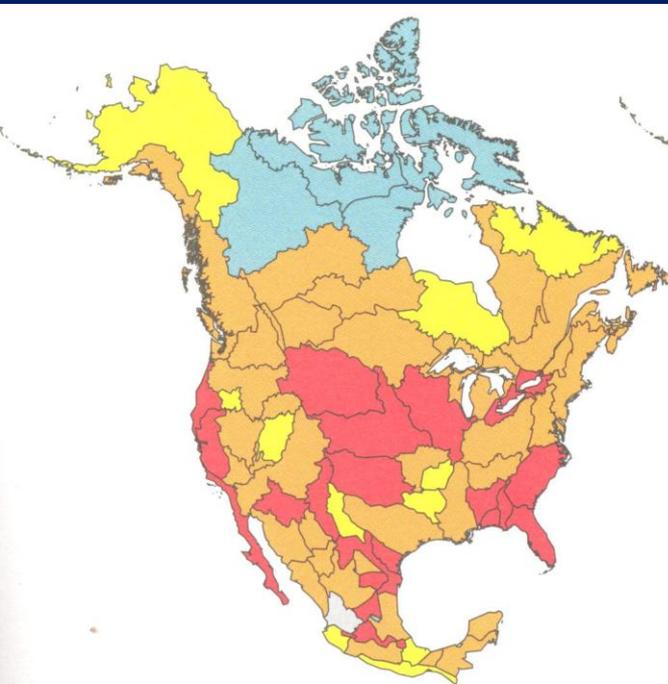
Unmined

Mined

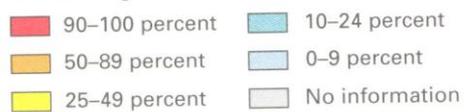
- the conservation status of 15 of the 40 major watersheds in the US is rated critical, the highest category for a ranking based on degree of land-cover alteration within the catchment, degradation of water quality, alteration of hydrologic integrity, degree of habitat fragmentation, effects of introduced species, & impacts of direct species exploitation



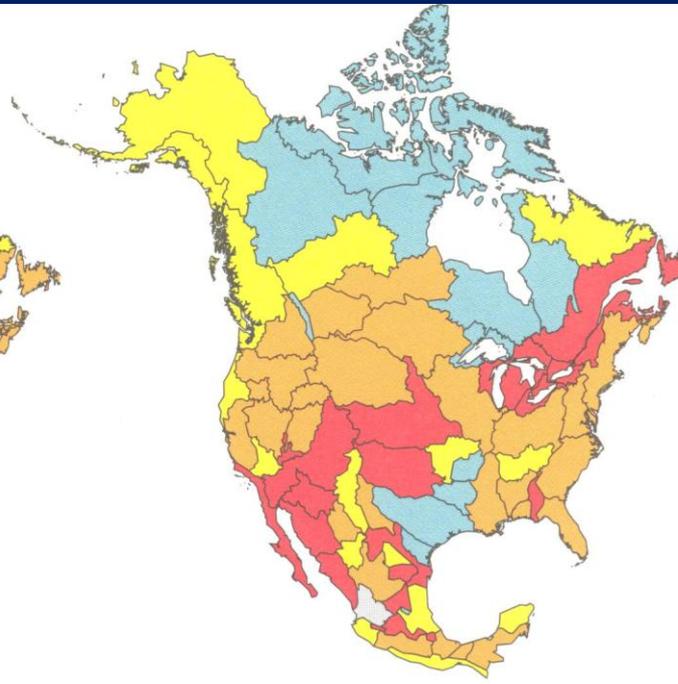
Abell et al., 2000



**Percentage of Catchment Altered**



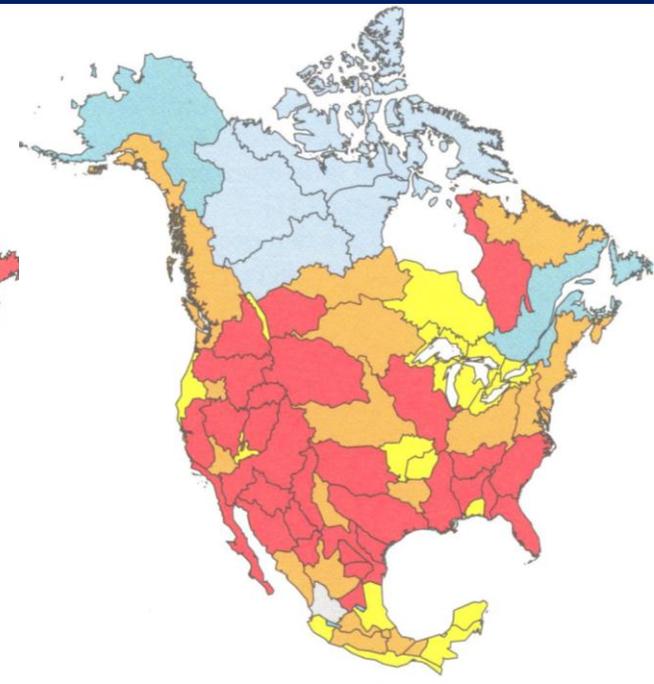
**Figure 4.2** Land cover (catchment) alteration (estimated).



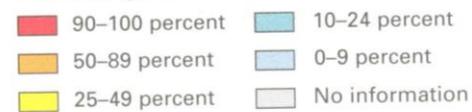
**Percentage of Surface Water Degraded**



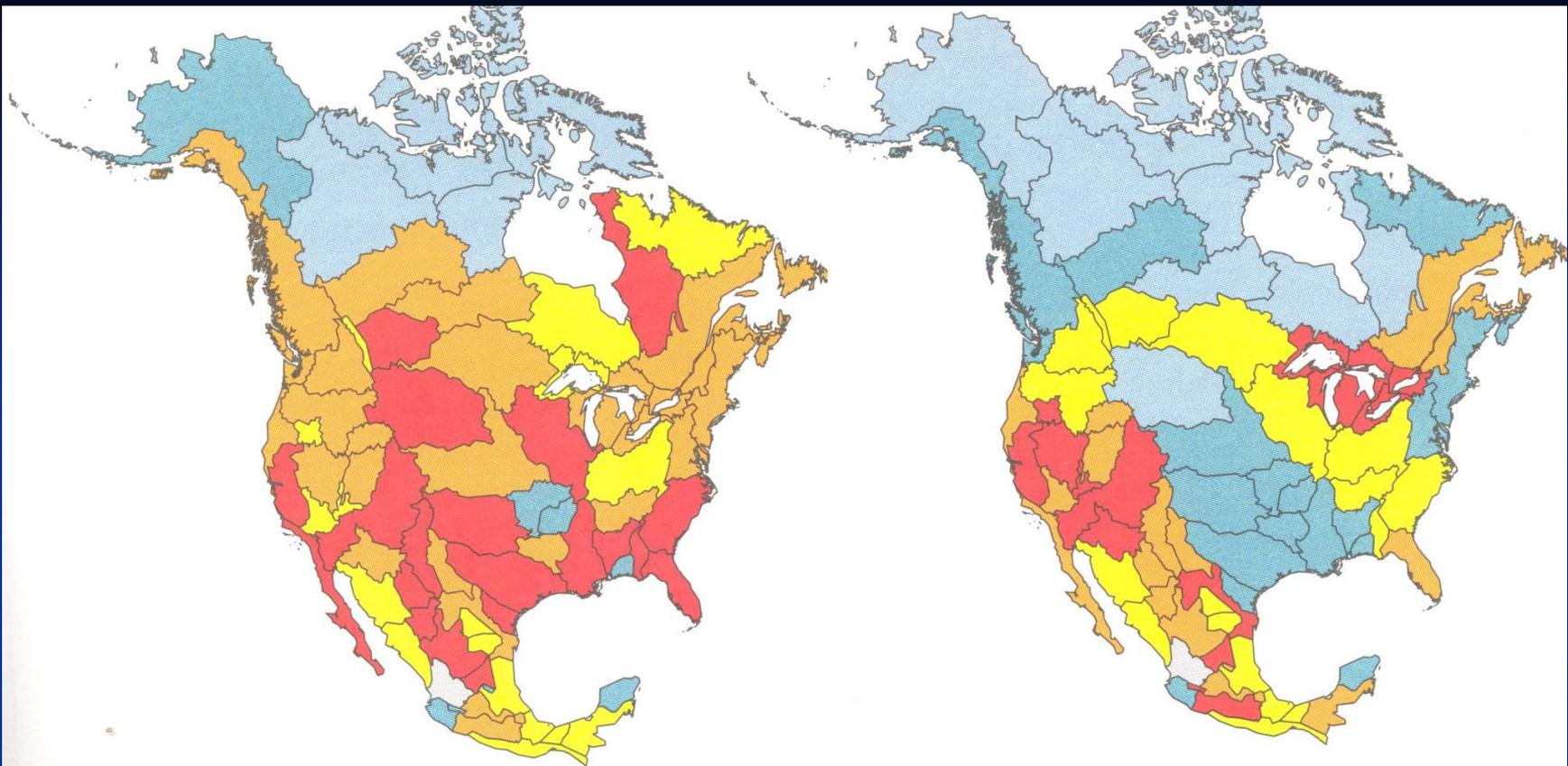
**Figure 4.3** Surface water quality degradation (estimated).



**Percentage of Surface Water Altered**



**Figure 4.4** Alteration of hydrographic integrity (estimated).



**Percentage of Original Habitat Fragmented**

- Very High
- High
- Medium
- Low
- None
- No information

**Impact of Introductions**

- Very High
- High
- Medium
- Low
- None
- No information

**Figure 4.5** Degree of habitat fragmentation.

**Figure 4.6** Effects of introduced species.

- estimated 70-90% of riparian forests have been lost nationally
- wetland losses > 50%, and close to 90% in some portions of US

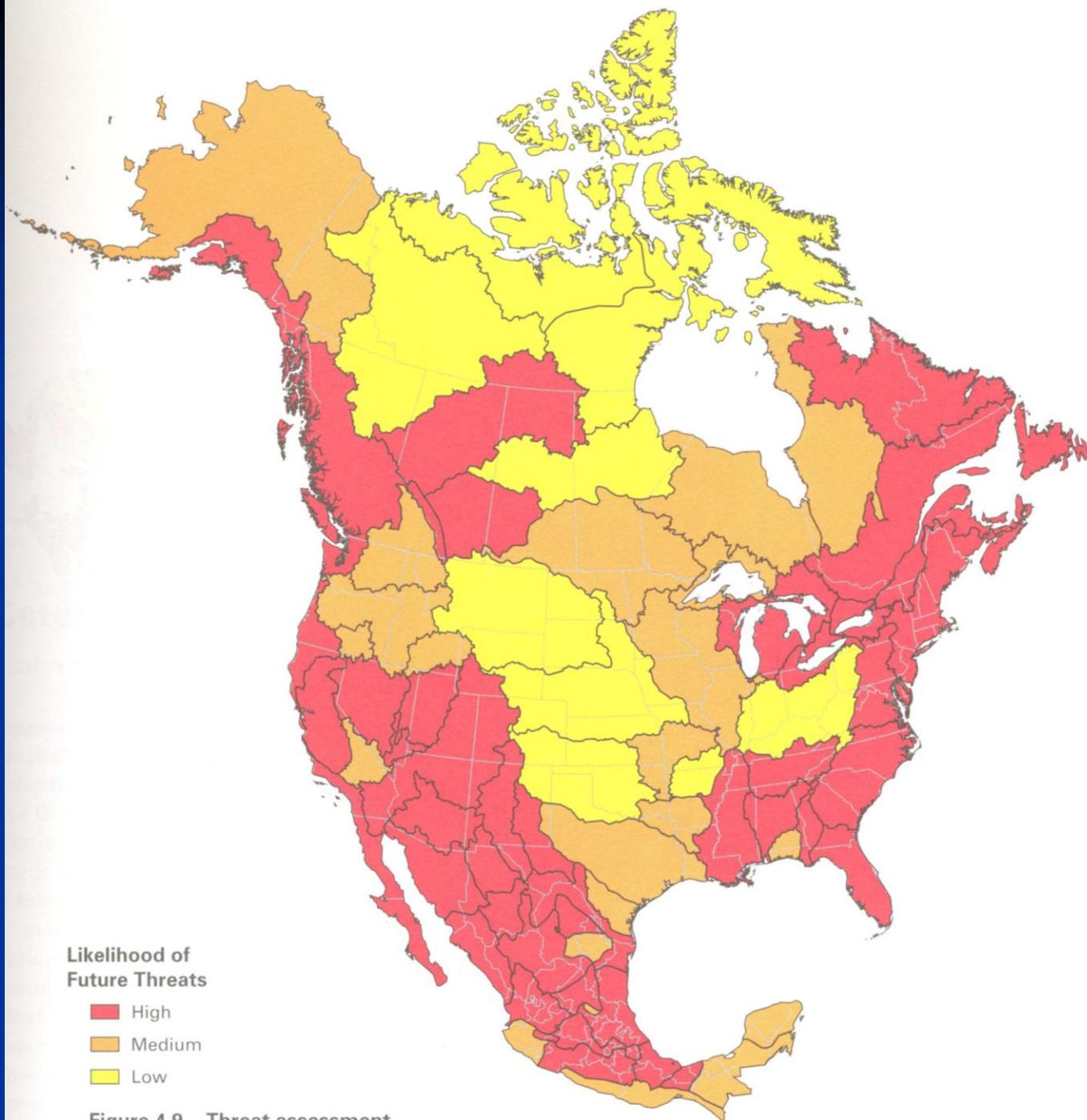


- at l

- 1/3

- ext

biota



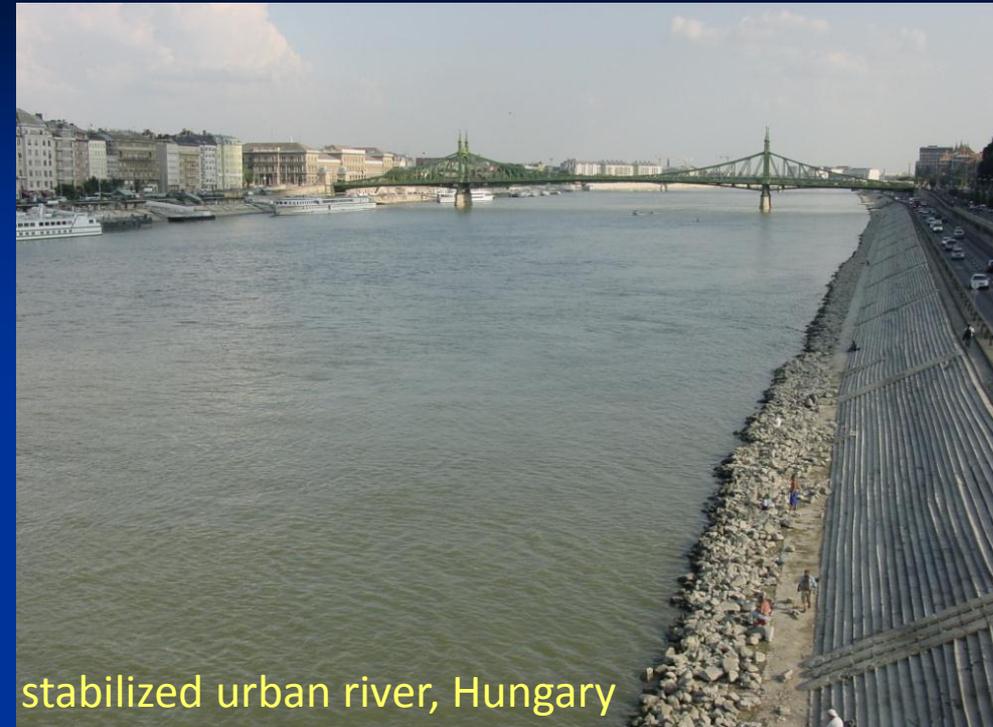
**Likelihood of  
Future Threats**

- High
- Medium
- Low

**Figure 4.9** Threat assessment.

Abell et al., 2000

# Human-induced uniformity impairs river health



stabilized urban river, Hungary



stabilized urban river, Austria



lo



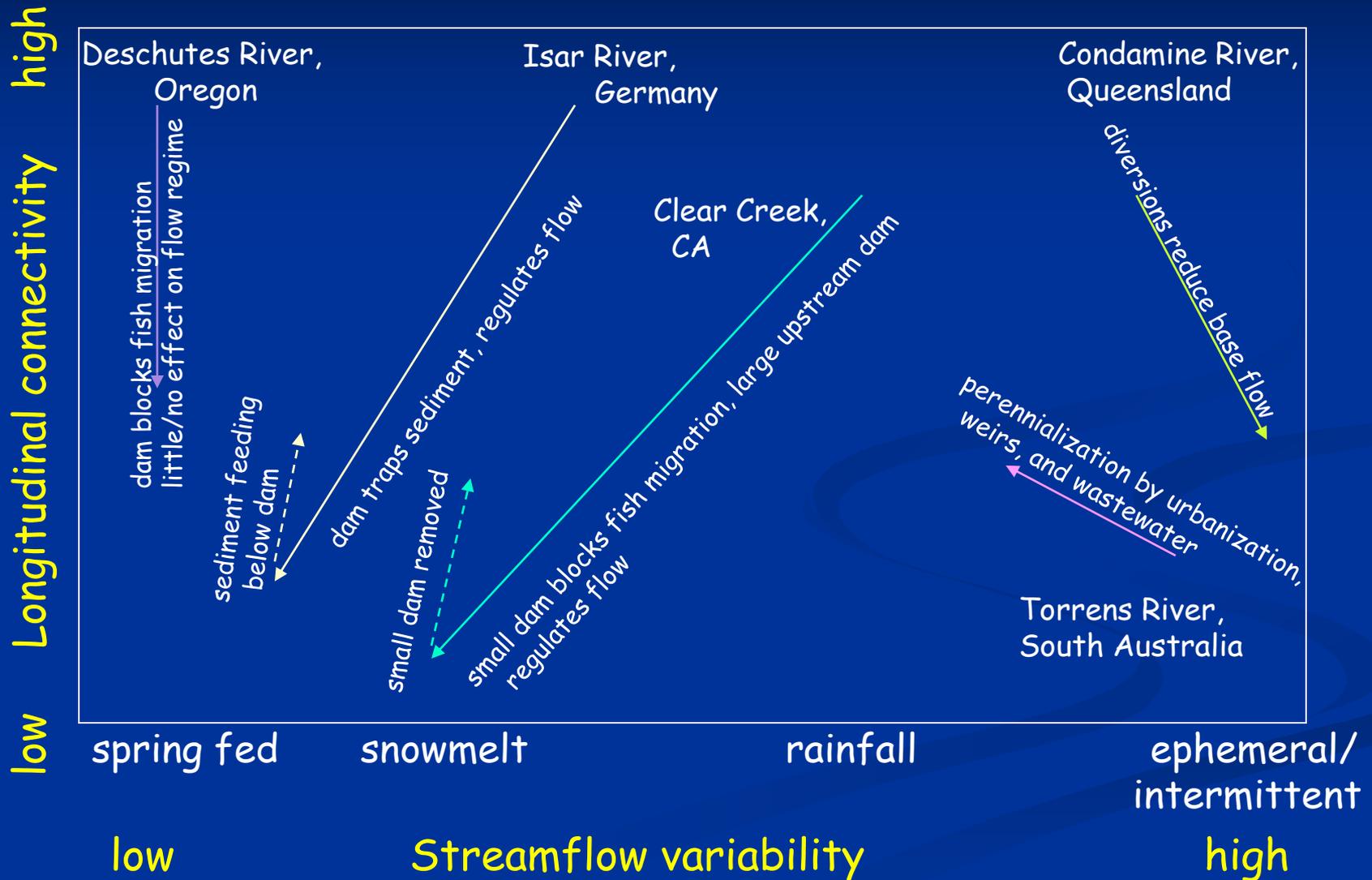
Image © 2011 DigitalGlobe  
© 2011 Google  
© 2011 Europa Technologies

40°29'04.15" N 104°57'12.81" W elev 4805 ft

Better to conserve physical & biodiversity of rivers  
than to attempt to restore following human alterations

# Use connectivity diagrams to conceptualize river trajectories

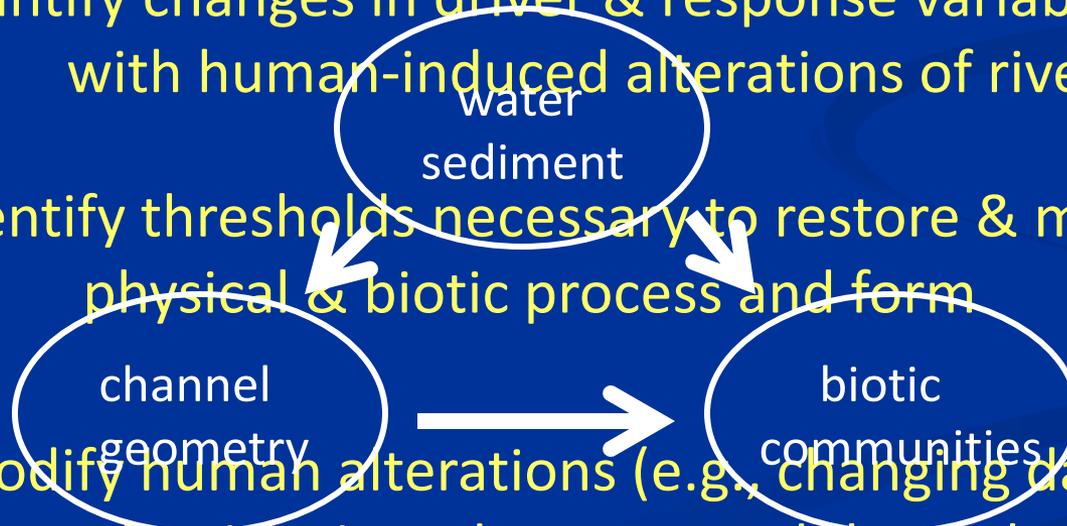
(Kondolf et al., 2006)



But ...

the worst effects of alterations can be reduced by restoring links between process and river form

- identify interactions among physical driver & physical & biotic response variables
- quantify changes in driver & response variables associated with human-induced alterations of rivers
- identify thresholds necessary to restore & maintain desired physical & biotic process and form
- modify human alterations (e.g., changing dam operations) to the river in order to exceed those thresholds



# North Fork Poudre River, Colorado

900 km<sup>2</sup> drainage area

bedrock canyon; boulder-bedded, pool-riffle channel

summer snowmelt peak flow

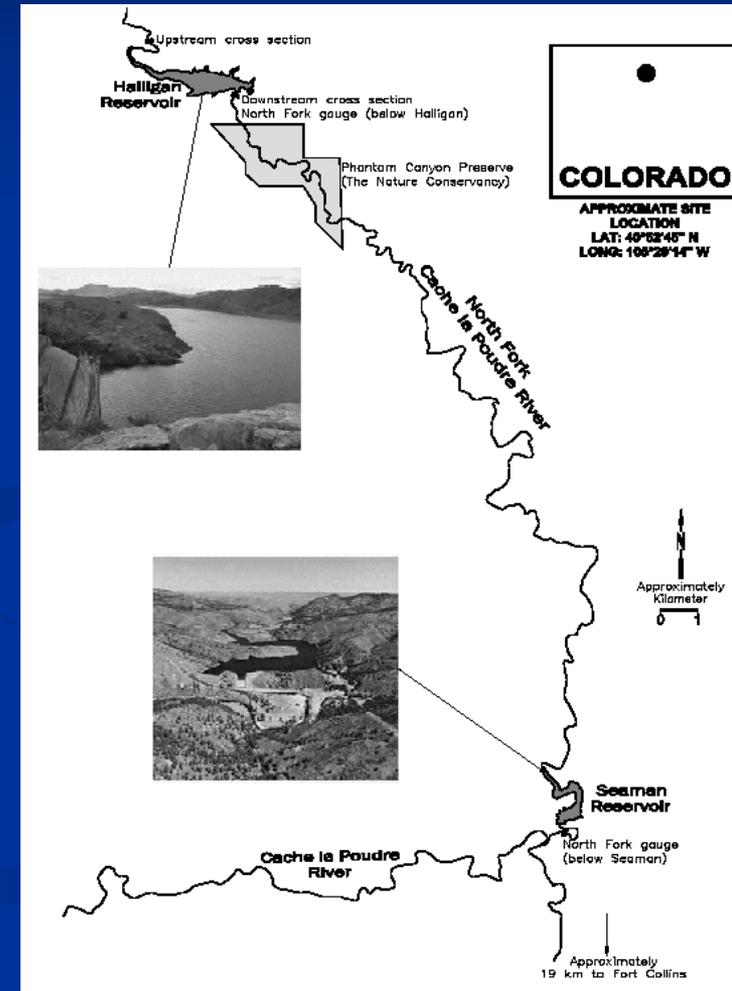
upstream dam built 1910

concern about loss of bed mobility,

pool infilling,

lack of riparian vegetation recruitment,

drying of floodplain



(Rathburn et al. 2009)

## Several studies indicate

reduced base flow & extreme peak flows

reduced sand & gravel transport – changes in periphyton, aquatic insects,  
& predators (fish, birds)

clogging of spawning gravels

aging & senescence of riparian forest

encroachment on xeric plants on floodplain



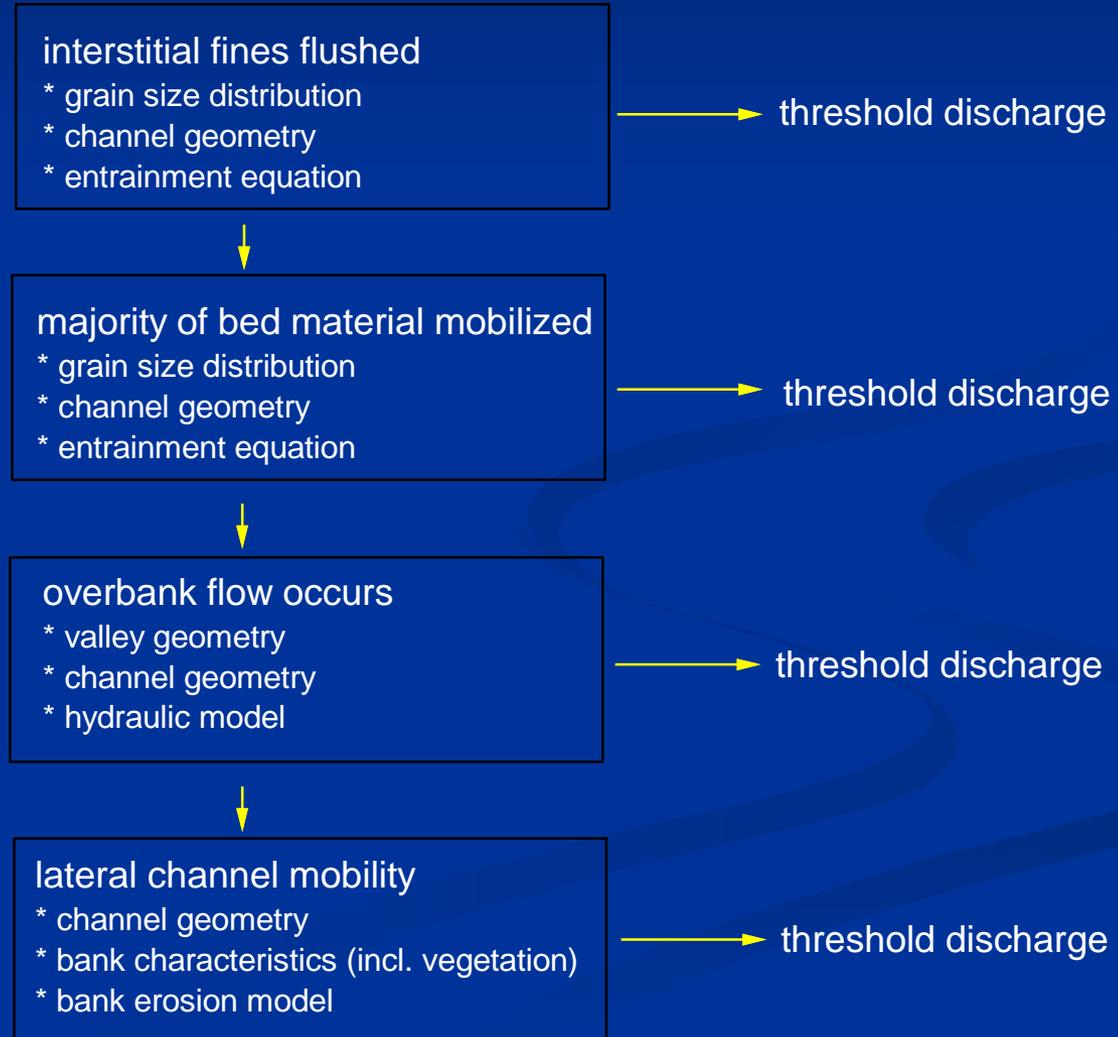
# Recommendations for flow thresholds to

mobilize interstitial sediment

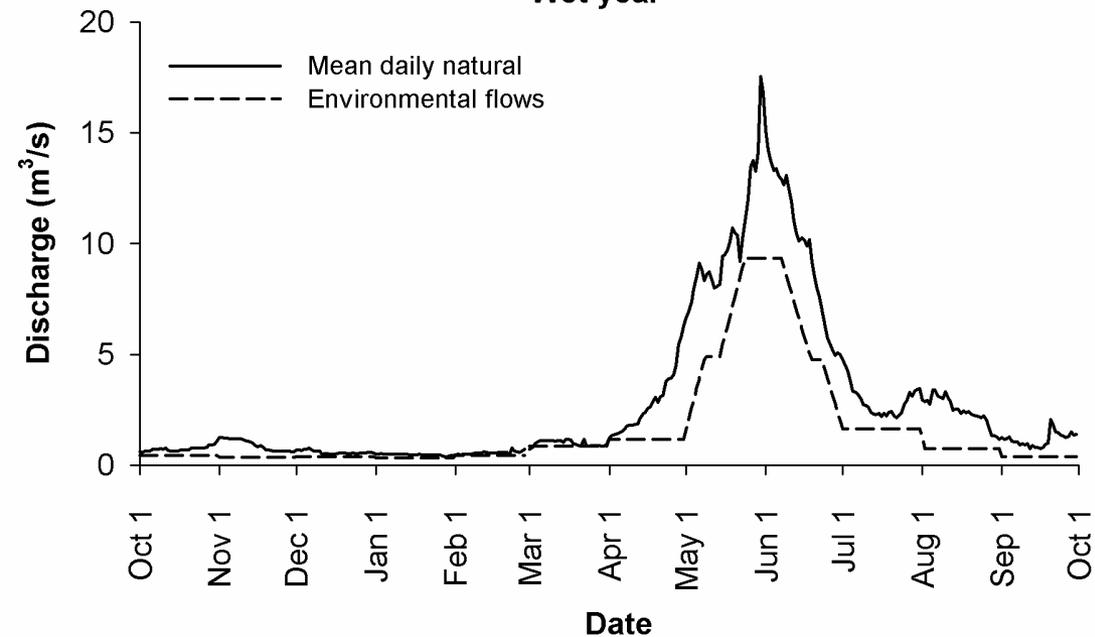
mobilize majority of bed material

erode stream banks

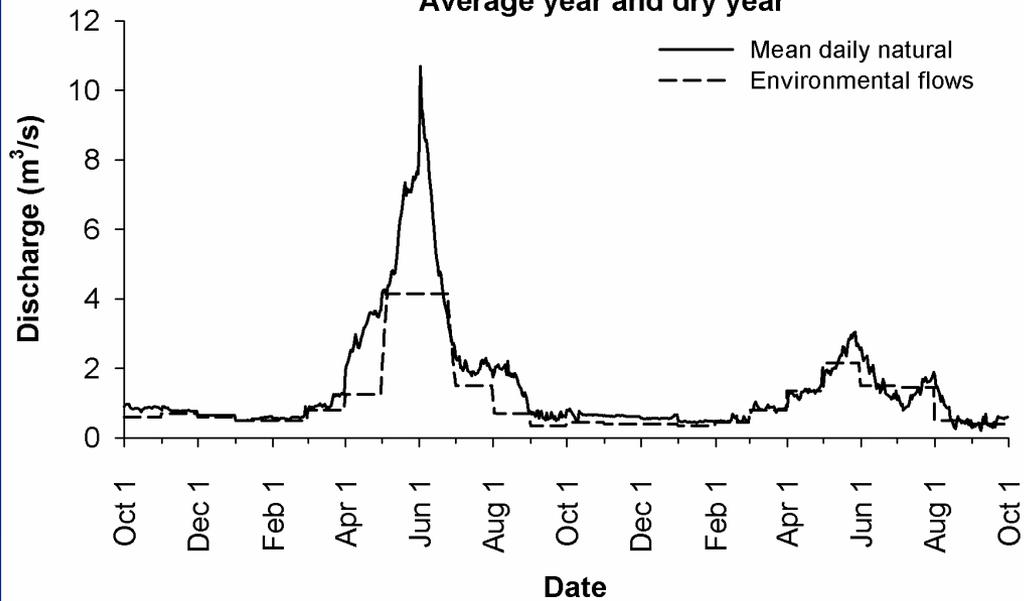
inundate overbank areas



**Wet year**



**Average year and dry year**



# Advice from a River



Stay current

Be thoughtful of those downstream

Immerse yourself in nature

Follow the path of least resistance

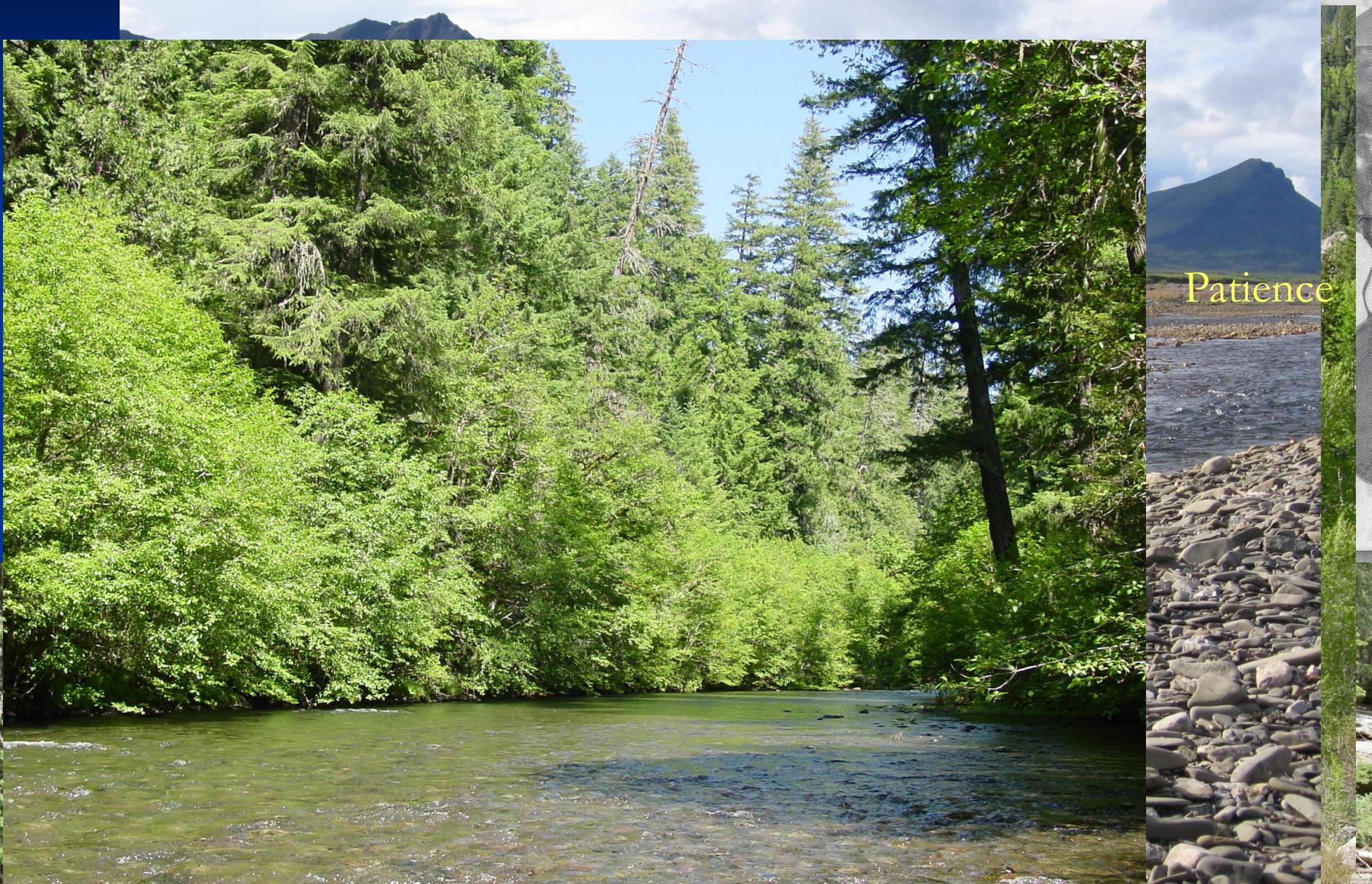
The beauty is in the journey

Ilan Shamir

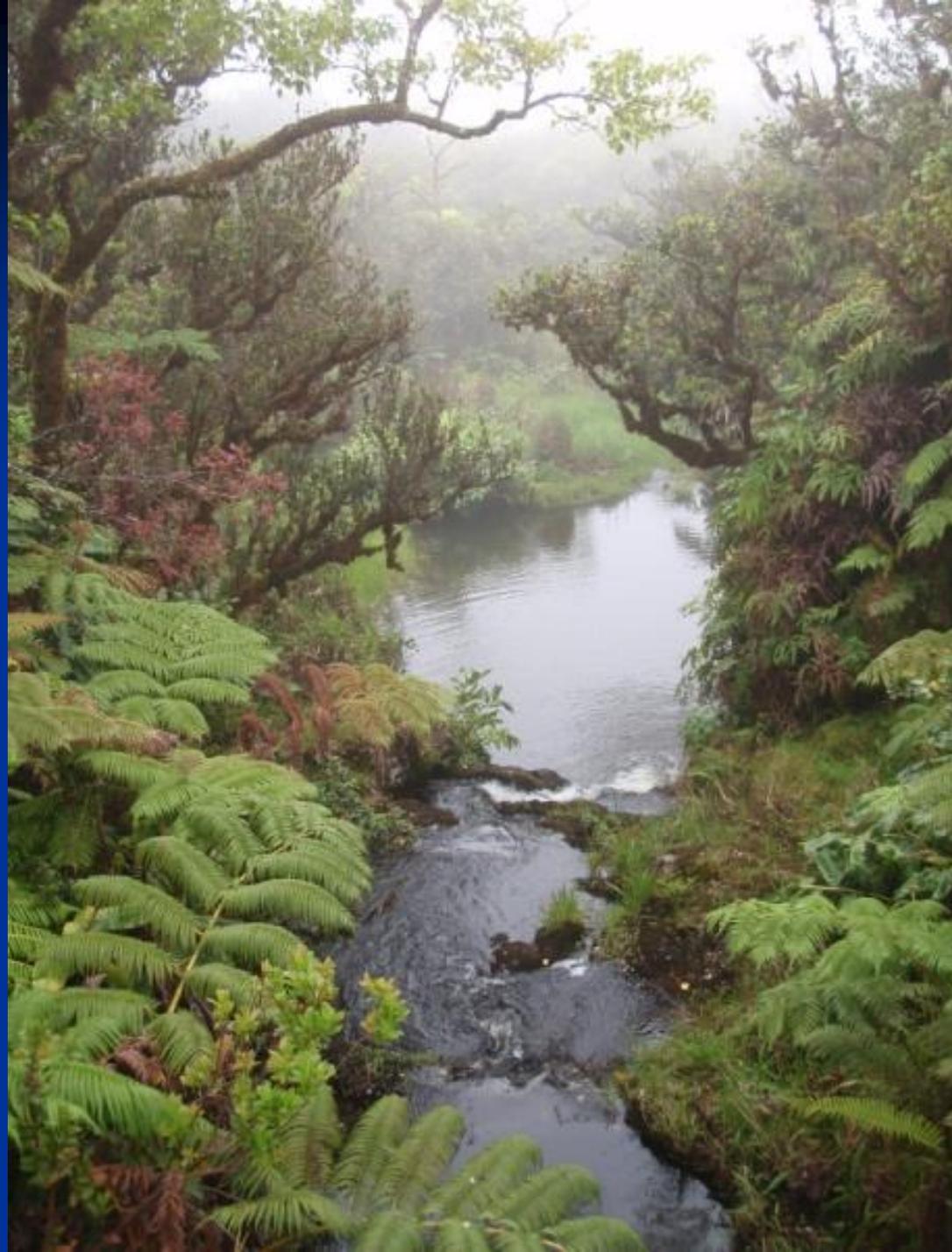
Thinking of geomorphology as process & restoration  
Evolution of rivers through time  
across drainage basin

1969

1993



Patience



# Bibliography

- Abell et al. 2000. Freshwater ecoregions of North America: a conservation assessment. Island Press, Washington, D.C.
- Brierley and Fryirs. 2005. Geomorphology and river management: application of the River Styles Framework. Blackwell Publishing, Oxford, England.
- Graf. 1999. Dam nation: a geographic census of American dams and their large-scale hydrologic impacts. *Water Resources Research* 35, 1305-1311.
- Graf. 2001. Damage control: restoring the physical integrity of America's rivers. *Annals of the Association of American Geographers* 91, 1-27.
- Rathburn, Merritt, Wohl, Sanderson, Knight. 2009. Characterizing environmental flows for maintenance of river ecosystems: North Fork Cache la Poudre River, Colorado. In, James et al., eds., *Management and restoration of fluvial systems with broad historical changes & human impacts*. Geological Society of America Special Paper 451, Boulder, CO, p. 143-157.
- Ricciardi, Rasmussen. 1999. Extinction rates of North American freshwater fauna. *Conservation Biology* 13, 1220-1222.
- Richter, Werner, Meyer, Lutz. 2006. A collaborative and adaptive process for developing environmental flow recommendations. *River Research & Applications* 22. 207-318.
- Wohl. 2004. *Disconnected rivers: linking rivers to landscapes*. Yale University Press.
- Wohl, Palmer, Kondolf. 2008. River management in the United States. In, Brierley & Fryirs, eds., *River futures: an integrative scientific approach to river repair*. Island Press, p. 174-200.