

### **Some Simple Ways You Can Help Birds**

1. Participate in a citizen science project such as Christmas Bird Count, eBird, or the Great Backyard Bird Count.
2. Keep cats indoors.
3. Buy bird friendly products such as shade-grown coffee.
4. Support conservation – buy a Duck Stamp, join a bird club or other conservation organization, or volunteer at a national wildlife refuge.
5. Assess your home or office for risk of bird/glass collisions.
6. Reduce bird collisions with windows – leave blinds or curtains partially open during the day and move house plants away from windows.
7. If you feed birds, keep the feeders less than 3 feet OR greater than 30 feet from any window or reflective surface to reduce collision risk.
8. Reduce energy and water use.
9. Recycle and use recycled products.
10. Reduce use of chemicals in the environment.

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## Celebrate the Centennial of the Migratory Bird Treaty in 2016!

Signed August 16, 1916 the Migratory Bird Treaty was the first treaty to protect birds.



### Migratory Bird Conservation – Why it is Important?

- ✦ Birds and bird-related activities have a significant economic impact.
- ✦ Waterfowl hunters, bird watchers and other outdoor enthusiasts make significant contributions to conservation by purchasing Federal Duck Stamps.
- ✦ Promoting abundant and sustainable bird populations and healthy habitats affords significant benefits to humans.

<http://www.fws.gov/birds/MBTreaty100>  
#birdyear



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